

CHILD DEVELOPMENT BREAKFAST

OCTOBER 2026

Bassett High School

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

5

 **WGR FRENCH TOAST STICKS CD** 130 cal
 Orange Wedges 55 cal

6

 **WGR EGG & CHEESE BREAKFAST WRAP** 171 cal
 Pineapple Tidbits 63 cal

7

 **WGR CINNAMON CREAM CHEESE MINI BAGELS CD** 115 cal
 Diced Peaches 55 cal

8

 **WGR BREAKFAST SAUSAGE PIZZA** 210 cal
 Banana 53 cal

9

 **WGR MINI CORN MUFFIN** 146 cal
 Strawberry Banana Applesauce 50 cal

12

 **WGR MINI MAPLE PANCAKES CD** 110 cal
 Orange Wedges 55 cal

13

 **CHEESE OMELET** 110 cal

14

 **DICED PEACHES** 55 cal
 Go-Gurt Yogurt 45 cal
 WGR Strawberry Granola 120 cal

15

 **EGG & CHEESE STUFFED WGR BISCUIT** 240 cal
 Banana 53 cal

16

 **WGR HONEY SCOOTERS CEREAL** 110 cal
 Unsweetened Applesauce 50 cal

19

 **WGR FRENCH TOAST STICKS CD** 130 cal
 Orange Wedges 55 cal

20

 **WGR EGG & CHEESE BREAKFAST WRAP** 171 cal
 Pineapple Tidbits 63 cal

21

 **WGR CINNAMON CREAM CHEESE MINI BAGELS CD** 115 cal
 Diced Peaches 55 cal

22

 **WGR BREAKFAST SAUSAGE PIZZA** 210 cal
 Banana 53 cal

23

 **WGR MINI CORN MUFFIN** 146 cal
 Strawberry Banana Applesauce 50 cal

26

 **WGR MINI MAPLE PANCAKES CD** 110 cal
 Orange Wedges 55 cal

27

 **CHEESE OMELET** 110 cal
 Pineapple Tidbits 63 cal

28

 **DICED PEACHES** 55 cal
 Go-Gurt Yogurt 45 cal
 WGR Strawberry Granola 120 cal

29

 **EGG & CHEESE STUFFED WGR BISCUIT** 240 cal
 Banana 53 cal

30

 **WGR HONEY SCOOTERS CEREAL** 110 cal
 Unsweetened Applesauce 50 cal

Served every day:

 Whole Milk 4oz ·  1% White Milk 6oz

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.

MealViewer