

BREAKFAST

OCTOBER 2026

Bassett High School

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

			1  CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE 170 cal  Fruit Punch Juice 4oz 60 cal	2  WGR DOUBLE CHOCOLATE MUFFIN 280 cal  Apple Juice 4oz 55 cal
5  FRENCH TOAST STICKS 260 cal  Orange Juice 4oz 55 cal	6  WGR CINNAMON GOLDFISH CRACKERS 120 cal  Breakfast Smoothie 158 cal  Wildberry Juice 4oz 60 cal	7  LOADED BREAKFAST BURRITO 449 cal  Apple Juice 4oz 55 cal  Hash Brown Rounds 90 cal	8  WGR BREAKFAST SAUSAGE PIZZA 210 cal  Fruit Punch Juice 4oz 60 cal	9  WGR CINNAMON BUN 270 cal  Orange Juice 4oz 55 cal
12 No menu published	13  CHEESE OMELET 110 cal  Orange Juice 4oz 55 cal  Seasoned Potato Wedges 130 cal	14  CHILAQUILES 399 cal  Wildberry Juice 4oz 60 cal  Refried Beans 110 cal	15  CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE 170 cal  Fruit Punch Juice 4oz 60 cal	16  WGR DOUBLE CHOCOLATE MUFFIN 280 cal  Apple Juice 4oz 55 cal
19  FRENCH TOAST STICKS 260 cal  Orange Juice 4oz 55 cal	20  WGR CINNAMON GOLDFISH CRACKERS 120 cal  Breakfast Smoothie 158 cal  Wildberry Juice 4oz 60 cal	21  LOADED BREAKFAST BURRITO 449 cal  Apple Juice 4oz 55 cal  Hash Brown Rounds 90 cal	22  WGR BREAKFAST SAUSAGE PIZZA 210 cal  Fruit Punch Juice 4oz 60 cal	23  WGR CINNAMON BUN 270 cal  Orange Juice 4oz 55 cal
26  MINI MAPLE PANCAKES 220 cal  Apple Juice 4oz 55 cal	27  CHEESE OMELET 110 cal  Orange Juice 4oz 55 cal  Seasoned Potato Wedges 130 cal	28  CHILAQUILES 399 cal  Wildberry Juice 4oz 60 cal  Refried Beans 110 cal	29  CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE 170 cal  Fruit Punch Juice 4oz 60 cal	30  WGR DOUBLE CHOCOLATE MUFFIN 280 cal  Apple Juice 4oz 55 cal

Served every day:

 FRESH FRUIT ·  1% White Milk ·  Nonfat Chocolate Milk

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.

MealViewer