



Aveson Charter Schools

Odyssey Charter School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

Penne Meat Marinara
Penne Marinara Vegetarian
Roasted Broccoli Florets
Fresh Kale Salad
Assorted Whole Fruits
Garlic Bread

6

Beef Tacos
Vegetarian Tacos
Shredded Mild Cheddar Cheese
Shredded Lettuce
Pico de Gallo
Salsa Verde
Fresh Sliced Oranges
Tortilla Chips

7

Chicken Nuggets
Vegetarian Chicken Nuggets
Cherry Tomatoes
Carrot sticks
Fresh Diced Watermelon

1

Meatball Sub
Vegetarian Meatball Sub
Roasted Broccoli Florets
Cherry Tomatoes
Fresh Diced Pineapple

2

Subway Day
Vegetarian Subway Day
Shredded Lettuce
Sliced Tomatoes
Juice, Assorted

12

Low Mein Noodles
Egg Roll
Fresh Kale Salad
Cherry Tomatoes
Assorted Whole Fruits

13

Bean & Cheese Burrito
Cucumber Slices, 3/4 cup
Salsa Verde
Fresh Sliced Oranges
Tortilla Chips

14

Turkey Hot Dog
Vegetarian Hot Dog
Carrot sticks
Cherry Tomatoes
Fresh Diced Watermelon
Condiments

15

Popcorn Chicken Bowl
Vegetarian Popcorn Chicken Bowl
Corn off Cobb
Fresh Diced Pineapple

16

Cheeseburgers Melts
Vegetarian Cheeseburgers Melts
Celery Sticks
Juice, Assorted

19

Chicken Alfredo Pasta
Roasted Broccoli Florets
Cherry Tomatoes
Assorted Whole Fruits
Garlic Bread

20

Chicken Taquito
Bean & Cheese Burrito
Shredded Mild Cheddar Cheese
Cucumber Slices, 3/4 cup
Cherry Tomatoes
Salsa Verde
Fresh Sliced Oranges
Tortilla Chips

21

Chicken Patty Sandwich
Vegetarian Chicken Patty Sandwich
Shredded Lettuce
Carrot sticks
Fresh Diced Watermelon
Condiments

22

Grilled Chicken & Baked Beans
Vegetarian Grilled Chicken & Baked Beans
Corn off Cobb
Fresh Diced Pineapple

23

Pepperoni Pizza
Cheese Pizza
Roasted Cauliflower
Juice, Assorted

26

Penne Meat Marinara
Penne Marinara Vegetarian
Roasted Broccoli Florets
Fresh Kale Salad
Assorted Whole Fruits
Garlic Bread

27

Chicken Taco
Vegetarian Chicken Taco
Shredded Mild Cheddar Cheese
Pico de Gallo
Shredded Lettuce
Salsa Verde
Fresh Sliced Oranges
Tortilla Chips

28

Turkey Corndog
Vegetarian Corn Dog
Carrot sticks
Cherry Tomatoes
Fresh Diced Watermelon

29

Chicken Gyro Wrap
Vegetarian Chicken Gyro Wrap
Shredded Lettuce
Sliced Tomatoes
Fresh Diced Pineapple
Lemon Wedges

30

Ham & Cheese Croissant Melt
Veggie Ham & Cheese Croissant Melt
Celery Sticks
Juice, Assorted
Chips, Assorted

Served every day

Spring Mix · 1% Milk · Nonfat Milk · Salad Bar Toppings · Assorted Salad Dressings