

Breakfast · October 2026

Friday

1

2

5

6

7

3

9

12

13

14

1

16

19

20

2

2

23

26

27

28

2

30

 Assorted Cereals ·
 Assorted Granola Bars ·
 Oatmeal Bowl ·
 Assorted Whole Fruits ·
 1% Milk ·
 Nonfat Milk ·
 Cheddar Cheese Squares