



LUNCH

OCTOBER 2026

Aveson School of Leaders

Aveson Charter Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5

PENNE MEAT MARINARA

Penne Marinara Vegetarian
 Roasted Broccoli Florets
 Fresh Kale Salad
 Assorted Whole Fruits
 Garlic Bread

6

BEEF TACOS

Vegetarian Tacos
 Shredded Mild Cheddar Cheese
 Shredded Lettuce
 Pico de Gallo
 Salsa Verde
 Fresh Sliced Oranges
 Tortilla Chips

7

CHICKEN NUGGETS

Vegetarian Chicken Nuggets
 Cherry Tomatoes
 Carrot sticks
 Fresh Diced Watermelon

8

ORANGE CHICKEN BOWL

Vegetarian Orange Chicken Bowl
 Roasted Broccoli Florets
 Cherry Tomatoes
 Fresh Diced Pineapple

9

HAM & CHEESE CROISSANT MELT

Veggie Ham & Cheese Croissant Melt
 Celery Sticks
 Juice, Assorted
 Chips, Assorted

12

LOW MEIN NOODLES

Egg Roll
 Fresh Kale Salad
 Cherry Tomatoes
 Assorted Whole Fruits

13

BEAN & CHEESE BURRITO

Cucumber Slices, 3/4 cup
 Salsa Verde
 Fresh Sliced Oranges
 Tortilla Chips

14

TURKEY HOT DOG

Vegetarian Hot Dog
 Carrot sticks
 Cherry Tomatoes
 Fresh Diced Watermelon
 Condiments

15

POPCORN CHICKEN BOWL

Vegetarian Popcorn Chicken Bowl
 Corn off Cobb
 Fresh Diced Pineapple

16

CHEESEBURGERS MELTS

Vegetarian Cheeseburgers Melts
 Celery Sticks
 Juice, Assorted

19

CHICKEN ALFREDO PASTA

Roasted Broccoli Florets
 Cherry Tomatoes
 Assorted Whole Fruits
 Garlic Bread

20

CHICKEN TAQUITO

Bean & Cheese Burrito
 Shredded Mild Cheddar Cheese
 Cucumber Slices, 3/4 cup
 Cherry Tomatoes
 Salsa Verde
 Fresh Sliced Oranges
 Tortilla Chips

21

CHICKEN PATTY SANDWICH

Vegetarian Chicken Patty Sandwich
 Shredded Lettuce
 Carrot sticks
 Fresh Diced Watermelon
 Condiments

22

GRILLED CHICKEN & BAKED BEANS

Vegetarian Grilled Chicken & Baked Beans
 Corn off Cobb
 Fresh Diced Pineapple

23

PEPPERONI PIZZA

Cheese Pizza
 Roasted Cauliflower
 Juice, Assorted

26

PENNE MEAT MARINARA

Penne Marinara Vegetarian
 Roasted Broccoli Florets
 Fresh Kale Salad
 Assorted Whole Fruits
 Garlic Bread

27

CHICKEN TACO

Vegetarian Chicken Taco
 Shredded Mild Cheddar Cheese
 Pico de Gallo
 Shredded Lettuce
 Salsa Verde
 Fresh Sliced Oranges
 Tortilla Chips

28

TURKEY CORNDOG

Vegetarian Corn Dog
 Carrot sticks
 Cherry Tomatoes
 Fresh Diced Watermelon

29

CHICKEN GYRO WRAP

Vegetarian Chicken Gyro Wrap
 Shredded Lettuce
 Sliced Tomatoes
 Fresh Diced Pineapple
 Lemon Wedges

30

HAM & CHEESE CROISSANT MELT

Veggie Ham & Cheese Croissant Melt
 Celery Sticks
 Juice, Assorted
 Chips, Assorted

Served every day:

Spring Mix · 1% Milk · Nonfat Milk · Salad Bar Toppings · Assorted Salad Dressings

Menu data from Aveson Charter Schools, drawn by schoolmenuapp.com. Menu subject to change.

Health-e Pro