



BREAKFAST

OCTOBER 2026

Aveson School of Leaders

Aveson Charter Schools

Monday

Tuesday

Wednesday

Thursday

Friday

			1	2
			ASSORTED WHOLE GRAIN SNACKS Fresh Blueberries Yogurt, Dannon and Yoplait	ASSORTED WHOLE GRAIN SNACKS Orange Juice Cheddar Cheese Squares
5	6	7	8	9
WILD BLUEBERRY MUFFIN Cutie Tangerines	ASSORTED CEREALS Fresh Banana Fresh Blueberries Fresh Strawberries	ASSORTED GRANOLA BARS Orange Juice String Cheese	ASSORTED WHOLE GRAIN SNACKS Fresh Blueberries Yogurt, Dannon and Yoplait	ASSORTED WHOLE GRAIN SNACKS Orange Juice Cheddar Cheese Squares
12	13	14	15	16
WILD BLUEBERRY MUFFIN Cutie Tangerines	ASSORTED CEREALS Fresh Banana Fresh Blueberries Fresh Strawberries	ASSORTED GRANOLA BARS Orange Juice String Cheese	ASSORTED WHOLE GRAIN SNACKS Fresh Blueberries Yogurt, Dannon and Yoplait	ASSORTED WHOLE GRAIN SNACKS Orange Juice Cheddar Cheese Squares
19	20	21	22	23
WILD BLUEBERRY MUFFIN Orange Juice	ASSORTED CEREALS Assorted Whole Fruits	ASSORTED GRANOLA BARS Fresh Apple String Cheese	ASSORTED WHOLE GRAIN SNACKS Assorted Whole Fruits Yogurt, Dannon and Yoplait	ASSORTED WHOLE GRAIN SNACKS Cutie Tangerines Cheddar Cheese Squares
26	27	28	29	30
WILD BLUEBERRY MUFFIN Orange Juice	ASSORTED CEREALS Assorted Whole Fruits	ASSORTED GRANOLA BARS Fresh Apple String Cheese	ASSORTED WHOLE GRAIN SNACKS Assorted Whole Fruits Yogurt, Dannon and Yoplait	ASSORTED WHOLE GRAIN SNACKS Cutie Tangerines Cheddar Cheese Squares

Served every day:

1% Milk · Nonfat Milk

Menu data from Aveson Charter Schools, drawn by schoolmenuapp.com. Menu subject to change.

Health-e Pro