

Monday	Tuesday	Wednesday	Thursday	Friday
			1  MEATBALL SUB  Vegetarian Meatball Sub  Roasted Broccoli Florets  Cherry Tomatoes  Fresh Diced Pineapple	2  SUBWAY DAY  Vegetarian Subway Day  Shredded Lettuce  Sliced Tomatoes  Juice, Assorted
5  PENNE MEAT MARINARA  Penne Marinara Vegetarian  Roasted Broccoli Florets  Fresh Kale Salad  Assorted Whole Fruits  Garlic Bread	6  BEEF TACOS  Vegetarian Tacos  Shredded Mild Cheddar Cheese  Shredded Lettuce  Pico de Gallo  Salsa Verde  Fresh Sliced Oranges  Tortilla Chips	7  CHICKEN NUGGETS  Vegetarian Chicken Nuggets  Cherry Tomatoes  Carrot sticks  Fresh Diced Watermelon	8  ORANGE CHICKEN BOWL  Vegetarian Orange Chicken Bowl  Roasted Broccoli Florets  Cherry Tomatoes  Fresh Diced Pineapple	9  HAM & CHEESE CROISSANT MELT  Veggie Ham & Cheese Croissant Melt  Celery Sticks  Juice, Assorted  Chips, Assorted
12  LOW MEIN NOODLES  Egg Roll  Fresh Kale Salad  Cherry Tomatoes  Assorted Whole Fruits	13  BEAN & CHEESE BURRITO  Cucumber Slices, 3/4 cup  Salsa Verde  Fresh Sliced Oranges  Tortilla Chips	14  TURKEY HOT DOG  Vegetarian Hot Dog  Carrot sticks  Cherry Tomatoes  Fresh Diced Watermelon  Condiments	15  POPCORN CHICKEN BOWL  Vegetarian Popcorn Chicken Bowl  Corn off Cobb  Fresh Diced Pineapple	16  CHEESEBURGERS MELTS  Vegetarian Cheeseburgers Melts  Celery Sticks  Cherry Tomatoes  Juice, Assorted  Condiments
19  CHICKEN ALFREDO PASTA  Roasted Broccoli Florets  Cherry Tomatoes  Assorted Whole Fruits  Garlic Bread	20  CHICKEN TAQUITO  Bean & Cheese Burrito  Shredded Mild Cheddar Cheese  Cucumber Slices, 3/4 cup  Cherry Tomatoes  Salsa Verde  Fresh Sliced Oranges  Tortilla Chips	21  CHICKEN PATTY SANDWICH  Vegetarian Chicken Patty Sandwich  Shredded Lettuce  Carrot sticks  Fresh Diced Watermelon  Condiments	22  GRILLED CHICKEN & BAKED BEANS  Vegetarian Grilled Chicken & Baked Beans  Corn off Cobb  Fresh Diced Pineapple	23  PEPPERONI PIZZA  Cheese Pizza  Roasted Cauliflower  Juice, Assorted
26  PENNE MEAT MARINARA  Penne Marinara Vegetarian  Roasted Broccoli Florets  Fresh Kale Salad  Assorted Whole Fruits  Garlic Bread	27  CHICKEN TACO  Vegetarian Chicken Taco  Shredded Mild Cheddar Cheese  Pico de Gallo  Shredded Lettuce  Salsa Verde  Fresh Sliced Oranges  Tortilla Chips	28  TURKEY CORNDOG  Vegetarian Corn Dog  Carrot sticks  Cherry Tomatoes  Fresh Diced Watermelon	29  CHICKEN GYRO WRAP  Vegetarian Chicken Gyro Wrap  Shredded Lettuce  Sliced Tomatoes  Fresh Diced Pineapple  Lemon Wedges	30  HAM & CHEESE CROISSANT MELT  Veggie Ham & Cheese Croissant Melt  Celery Sticks  Juice, Assorted  Chips, Assorted

Served every day:

 Spring Mix ·  1% Milk ·  Nonfat Milk ·  Salad Bar Toppings ·  Assorted Salad Dressings

Menu data from Aveson Charter Schools, drawn by schoolmenuapp.com. Menu subject to change.