



LUNCH OCTOBER 2026

Alma Fuerte Public School

Aveson Charter Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Meatball Sub Vegetarian Meatball Sub Roasted Broccoli Florets Cherry Tomatoes Fresh Diced Pineapple	2 Subway Day Vegetarian Subway Day Shredded Lettuce Sliced Tomatoes Juice, Assorted
5 Penne Meat Marinara Penne Marinara Vegetarian Roasted Broccoli Florets Fresh Kale Salad Assorted Whole Fruits Garlic Bread	6 Beef Tacos Vegetarian Tacos Shredded Mild Cheddar Cheese Shredded Lettuce Pico de Gallo Salsa Verde Fresh Sliced Oranges Tortilla Chips	7 Chicken Nuggets Vegetarian Chicken Nuggets Cherry Tomatoes Carrot sticks Fresh Diced Watermelon	8 Orange Chicken Bowl Vegetarian Orange Chicken Bowl Roasted Broccoli Florets Cherry Tomatoes Fresh Diced Pineapple	9 Ham & Cheese Croissant Melt Veggie Ham & Cheese Croissant Melt Celery Sticks Juice, Assorted Chips, Assorted
12 Low Mein Noodles Egg Roll Fresh Kale Salad Cherry Tomatoes Assorted Whole Fruits	13 Bean & Cheese Burrito Cucumber Slices, 3/4 cup Salsa Verde Fresh Sliced Oranges Tortilla Chips	14 Turkey Hot Dog Vegetarian Hot Dog Carrot sticks Cherry Tomatoes Fresh Diced Watermelon Condiments	15 Popcorn Chicken Bowl Vegetarian Popcorn Chicken Bowl Corn off Cobb Fresh Diced Pineapple	16 Cheeseburgers Melts Vegetarian Cheeseburgers Melts Celery Sticks Juice, Assorted
19 Chicken Alfredo Pasta Roasted Broccoli Florets Cherry Tomatoes Assorted Whole Fruits Garlic Bread	20 Chicken Taquito Bean & Cheese Burrito Shredded Mild Cheddar Cheese Cucumber Slices, 3/4 cup Cherry Tomatoes Salsa Verde Fresh Sliced Oranges Tortilla Chips	21 Chicken Patty Sandwich Vegetarian Chicken Patty Sandwich Shredded Lettuce Carrot sticks Fresh Diced Watermelon Condiments	22 Grilled Chicken & Baked Beans Vegetarian Grilled Chicken & Baked Beans Corn off Cobb Fresh Diced Pineapple	23 Pepperoni Pizza Cheese Pizza Roasted Cauliflower Juice, Assorted
26 Penne Meat Marinara Penne Marinara Vegetarian Roasted Broccoli Florets Fresh Kale Salad Assorted Whole Fruits Garlic Bread	27 Chicken Taco Vegetarian Chicken Taco Shredded Mild Cheddar Cheese Pico de Gallo Shredded Lettuce Salsa Verde Fresh Sliced Oranges Tortilla Chips	28 Turkey Corndog Vegetarian Corn Dog Carrot sticks Cherry Tomatoes Fresh Diced Watermelon	29 Chicken Gyro Wrap Vegetarian Chicken Gyro Wrap Shredded Lettuce Sliced Tomatoes Fresh Diced Pineapple Lemon Wedges	30 Ham & Cheese Croissant Melt Veggie Ham & Cheese Croissant Melt Celery Sticks Juice, Assorted Chips, Assorted

EVERY DAY

- Spring Mix
- 1% Milk
- Nonfat Milk
- Salad Bar Toppings
- Assorted Salad Dressings

Menu subject to change.