



BREAKFAST

OCTOBER 2026

Alma Fuerte Public School

Aveson Charter Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			★	★
★	★	★	★	★
★	★	★	★	★
★	★	★	★	★
★	★	★	★	★

EVERY DAY

- Assorted Cereals
- Assorted Granola Bars
- Oatmeal Bowl
- Assorted Whole Fruits
- 1% Milk
- Nonfat Milk
- Cheddar Cheese Squares
- String Cheese

Menu subject to change.