



BREAKFAST OCTOBER 2026

EV Cain Middle School

Auburn Union School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Breakfast Bowl Cereal w/String Cheese	2 Banana Bread Mini Bagel
5 Honey Bun Mini Cinni	6 Sausage and Pancake on a Stick Cereal w/String Cheese	7 Yogurt Parfait Bagel w/Cream Cheese	8 Breakfast Bowl Cereal w/String Cheese	9 No menu published
12 Honey Bun Mini Cinni	13 Sausage and Pancake on a Stick Cereal w/String Cheese	14 Yogurt Parfait Bagel w/Cream Cheese	15 Breakfast Bowl Cereal w/String Cheese	16 Banana Bread Mini Bagel
19 Honey Bun Mini Cinni	20 Sausage and Pancake on a Stick Cereal w/String Cheese	21 Yogurt Parfait Bagel w/Cream Cheese	22 Breakfast Bowl Cereal w/String Cheese	23 Banana Bread Mini Bagel
26 Honey Bun Mini Cinni	27 Sausage and Pancake on a Stick Cereal w/String Cheese	28 Yogurt Parfait Bagel w/Cream Cheese	29 Breakfast Bowl Cereal w/String Cheese	30 Banana Bread Mini Bagel

EVERY DAY

Fruit, Assorted, Please Specify:

- Milk, 1% White
- Milk, Non Fat Chocolate

Menu subject to change.