



Atwater Elementary School District
Thomas Olaeta
 Elementary Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5

Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Mozzarella Stuffed Breadstick	160 cal
Turkey American Cheese on Sliced Bread	280 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Celery Sticks	10 cal
Corn	79 cal
Marinara Sauce	43 cal

6

Chicken Adobo	165 cal
Steamed Brown Rice	103 cal
Garden Burger	280 cal
Crispy Chicken Salad	267 cal
Cheez-It Crackers .75 oz. Pouch	100 cal
Orange Smiles	62 cal
Peaches in Pear Juice	50 cal
Pinto Beans	119 cal
Spicy Pickled Carrots	18 cal
Garden Side Salad	20 cal

7

Tangy Orange Chicken over Brown Rice	419 cal
Corn Dog	240 cal
Cheesy Caesar Salad	383 cal
Whole Grain Dinner Roll	140 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Kidney Beans	141 cal
Jicama Sticks	25 cal
Fresh Broccoli Florets	11 cal

8

Baked Potato with Chili and Cheese	473 cal
Tortilla Chips	280 cal
Pork Honey Rib on a Bun	350 cal
Hearty Garden Salad	266 cal
Whole Grain Dinner Roll	140 cal
Orange Smiles	62 cal
Diced Pears	55 cal
Green Beans	22 cal
Garbanzo Beans	87 cal
Raw Diced Sweet Potatoes	49 cal

9

Cheeseburger	360 cal
Old School Pepperoni Pizza	306 cal
Old School Cheese Pizza	280 cal
Bean and Cheese Burrito	321 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Fresh Broccoli Florets	11 cal
Celery Sticks	10 cal

12

Crispy Chicken Nuggets	241 cal
Cheez-It Crackers .75 oz. Pouch	100 cal
Italian Pasta Bake	406 cal
Ham (turkey) American Cheese Sub	365 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Celery Sticks	10 cal
Corn	79 cal

13

Cheese Enchilada	341 cal
Miller's Local All Beef Hot Dog	270 cal
Crispy Chicken Salad	267 cal
Cheez-It Crackers .75 oz. Pouch	100 cal
Orange Smiles	62 cal
Applesauce	59 cal
Pinto Beans	111 cal
Spicy Pickled Carrots	18 cal
Garden Side Salad	20 cal

14

Corn Dog	240 cal
Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Cheesy Caesar Salad	383 cal
Whole Grain Dinner Roll	140 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Kidney Beans	141 cal
Fresh Broccoli Florets	11 cal
Jicama Sticks	25 cal

15

Baked Potato with Chili and Cheese	473 cal
Tortilla Chips	280 cal
Pork Honey Rib on a Bun	350 cal
Hearty Garden Salad	266 cal
Whole Grain Dinner Roll	140 cal
Orange Smiles	62 cal
Diced Pears	55 cal
Green Beans	22 cal
Garbanzo Beans	87 cal
Raw Diced Sweet Potatoes	49 cal

16

Cheeseburger	360 cal
Old School Pepperoni Pizza	306 cal
Old School Cheese Pizza	280 cal
Bean and Cheese Burrito	321 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Fresh Broccoli Florets	11 cal
Celery Sticks	10 cal

19

Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Mozzarella Stuffed Breadstick	160 cal
Turkey American Cheese on Sliced Bread	280 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Celery Sticks	10 cal
Corn	79 cal
Marinara Sauce	43 cal

20

Chicken Adobo	165 cal
Steamed Brown Rice	103 cal
Garden Burger	280 cal
Crispy Chicken Salad	267 cal
Cheez-It Crackers .75 oz. Pouch	100 cal
Orange Smiles	62 cal
Peaches in Pear Juice	50 cal
Pinto Beans	126 cal
Spicy Pickled Carrots	18 cal
Garden Side Salad	20 cal

21

Tangy Orange Chicken over Brown Rice	419 cal
Corn Dog	240 cal
Cheesy Caesar Salad	383 cal
Whole Grain Dinner Roll	140 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Kidney Beans	141 cal
Jicama Sticks	25 cal
Fresh Broccoli Florets	11 cal

22

Breaded Chicken Tender	264 cal
Goldfish Crackers	100 cal
Hot Ham (Turkey) American Cheese	305 cal
Hearty Garden Salad	266 cal
Whole Grain Dinner Roll	140 cal
Orange Smiles	62 cal
Diced Pears	55 cal
Green Beans	22 cal
Garbanzo Beans	87 cal
Raw Diced Sweet Potatoes	49 cal

23

Pepperoni Pizza Square	305 cal
Old School Cheese Pizza	280 cal
Old School Cheese Pizza	280 cal
Bean and Cheese Burrito	321 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Fresh Broccoli Florets	11 cal
Celery Sticks	10 cal

26

Crispy Chicken Nuggets	241 cal
Cheez-It Crackers .75 oz. Pouch	100 cal
Italian Pasta Bake	406 cal
Ham (turkey) American Cheese Sub	365 cal
Fresh Whole Apple	48 cal
Craisins	33000 cal
Baby Carrots	25 cal
Celery Sticks	10 cal
Corn	79 cal

27

Cheese Enchilada	341 cal
Miller's Local All Beef Hot Dog	270 cal
Crispy Chicken Salad	267 cal
Cheez-It Crackers .75 oz. Pouch	100 cal
Orange Smiles	62 cal
Applesauce	59 cal
Pinto Beans	111 cal
Spicy Pickled Carrots	18 cal
Garden Side Salad	20 cal

28

Corn Dog	240 cal
Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Cheesy Caesar Salad	383 cal
Whole Grain Dinner Roll	140 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Kidney Beans	141 cal
Fresh Broccoli Florets	11 cal
Jicama Sticks	25 cal

29

Baked Potato with Chili and Cheese	473 cal
Tortilla Chips	280 cal
Pork Honey Rib on a Bun	350 cal
Hearty Garden Salad	266 cal
Whole Grain Dinner Roll	140 cal
Orange Smiles	62 cal
Diced Pears	55 cal
Green Beans	22 cal
Garbanzo Beans	87 cal
Raw Diced Sweet Potatoes	49 cal

No menu published

Served every day
 Milk · Chocolate Milk