



DINNER

OCTOBER 2026

Shaffer

Atwater Elementary School District



Monday

Tuesday

Wednesday

Thursday

Friday

5

CHEESEBURGER 360 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Corn 79 cal

6

CHEESE QUESADILLA 392 cal
 Fresh Whole Apple 48 cal
 Diced Pears 55 cal
 Baby Carrots 25 cal
 Taco Sauce Single Serve

7

ITALIAN CHEESY PULL APART 300 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Fresh Broccoli Florets 11 cal

8

CHICKEN PATTY SANDWICH 380 cal
 Spicy Chicken Sandwich 370 cal
 Fresh Whole Apple 48 cal
 Applesauce 59 cal
 Celery Sticks 10 cal

9

CRISPY CHICKEN NUGGETS 241 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Kidney Beans 141 cal

12

INDIVIDUAL ROUND CHEESE PIZZA 280 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Corn 92 cal

13

CORN DOG 240 cal
 Fresh Whole Apple 48 cal
 Raisins 119 cal
 Baby Carrots 25 cal

14

GARDEN BURGER 280 cal
 Orange Smiles 62 cal
 Diced Pears 55 cal
 Fresh Broccoli Florets 11 cal

15

BREADED CHICKEN TENDER 264 cal
 Dried Cranberries 101 cal
 Fruit Cocktail 84 cal
 Celery Sticks 10 cal

16

CHICKEN PATTY SANDWICH 380 cal
 Spicy Chicken Sandwich 370 cal
 Fresh Whole Apple 48 cal
 Raisins 119 cal
 Kidney Beans 141 cal

19

CHEESEBURGER 360 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Corn 79 cal

20

CHEESE QUESADILLA 392 cal
 Fresh Whole Apple 48 cal
 Diced Pears 55 cal
 Baby Carrots 25 cal
 Taco Sauce Single Serve

21

ITALIAN CHEESY PULL APART 300 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Fresh Broccoli Florets 11 cal

22

CHICKEN PATTY SANDWICH 380 cal
 Spicy Chicken Sandwich 370 cal
 Fresh Whole Apple 48 cal
 Applesauce 59 cal
 Celery Sticks 10 cal

23

CRISPY CHICKEN NUGGETS 241 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Kidney Beans 141 cal

26

INDIVIDUAL ROUND CHEESE PIZZA 279 cal
 Orange Smiles 62 cal
 Dried Cranberries 101 cal
 Corn 92 cal

27

CORN DOG 240 cal
 Fresh Whole Apple 48 cal
 Raisins 119 cal
 Baby Carrots 25 cal

28

GARDEN BURGER 280 cal
 Orange Smiles 62 cal
 Diced Pears 55 cal
 Fresh Broccoli Florets 11 cal

29

BREADED CHICKEN TENDER 264 cal
 Dried Cranberries 101 cal
 Fruit Cocktail 84 cal
 Celery Sticks 10 cal

30

No menu published

Served every day:

Chocolate Milk · Milk

Menu data from Atwater Elementary School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Atwater Elementary School District publishes them.

nutrislice