



SNACK OCTOBER 2026

Peggy Heller
Atwater Elementary School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5
Cheez-It Crackers .75 oz. 100 cal
Low Fat Mozzarella String Cheese 80 cal

6
Cinnamon Bug Bite Grahams 120 cal
Colby Jack Cheese Stick 111 cal

7
Scooby Doo Cinnamon Graham Crackers 119 cal
Low Fat Mozzarella String Cheese 80 cal

1
Goldfish Crackers 100 cal
Colby Jack Cheese Stick 111 cal

2
Goldfish Pretzels 90 cal
Low Fat Mozzarella String Cheese 80 cal

12
Cheez-It Crackers .75 oz. 100 cal
Low Fat Mozzarella String Cheese 80 cal

13
Cinnamon Bug Bite Grahams 120 cal
Colby Jack Cheese Stick 111 cal

14
Scooby Doo Cinnamon Graham Crackers 119 cal
Low Fat Mozzarella String Cheese 80 cal

15
Goldfish Crackers 100 cal
Colby Jack Cheese Stick 111 cal

16
Goldfish Pretzels 90 cal
Low Fat Mozzarella String Cheese 80 cal

19
Cheez-It Crackers .75 oz. 100 cal
Low Fat Mozzarella String Cheese 80 cal

20
Cinnamon Bug Bite Grahams 120 cal
Colby Jack Cheese Stick 111 cal

21
Scooby Doo Cinnamon Graham Crackers 119 cal
Low Fat Mozzarella String Cheese 80 cal

22
Goldfish Crackers 100 cal
Colby Jack Cheese Stick 111 cal

23
Goldfish Pretzels 90 cal
Low Fat Mozzarella String Cheese 80 cal

26
Cheez-It Crackers .75 oz. 100 cal
Low Fat Mozzarella String Cheese 80 cal

27
Cinnamon Bug Bite Grahams 120 cal
Colby Jack Cheese Stick 111 cal

28
Scooby Doo Cinnamon Graham Crackers 119 cal
Low Fat Mozzarella String Cheese 80 cal

29
Goldfish Crackers 100 cal
Colby Jack Cheese Stick 111 cal

30
No menu published