



DINNER OCTOBER 2026

Peggy Heller

Atwater Elementary School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Cheeseburger	360 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Corn	79 cal

6

Cheese Quesadilla	392 cal
Fresh Whole Apple	48 cal
Diced Pears	55 cal
Baby Carrots	25 cal
Taco Sauce Single Serve	

7

Italian Cheesy Pull Apart	300 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Fresh Broccoli Florets	11 cal

1

Breaded Chicken Tender	264 cal
Dried Cranberries	101 cal
Fruit Cocktail	84 cal
Celery Sticks	10 cal

2

Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Kidney Beans	141 cal

12

Individual Round Cheese Pizza	280 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Corn	92 cal

13

Corn Dog	240 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Baby Carrots	25 cal

14

Garden Burger	280 cal
Orange Smiles	62 cal
Diced Pears	55 cal
Fresh Broccoli Florets	11 cal

8

Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Fresh Whole Apple	48 cal
Applesauce	59 cal
Celery Sticks	10 cal

9

Crispy Chicken Nuggets	241 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Kidney Beans	141 cal

15

Breaded Chicken Tender	264 cal
Dried Cranberries	101 cal
Fruit Cocktail	84 cal
Celery Sticks	10 cal

16

Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Kidney Beans	141 cal

19

Cheeseburger	360 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Corn	79 cal

20

Cheese Quesadilla	392 cal
Fresh Whole Apple	48 cal
Diced Pears	55 cal
Baby Carrots	25 cal
Taco Sauce Single Serve	

21

Italian Cheesy Pull Apart	300 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Fresh Broccoli Florets	11 cal

22

Chicken Patty Sandwich	380 cal
Spicy Chicken Sandwich	370 cal
Fresh Whole Apple	48 cal
Applesauce	59 cal
Celery Sticks	10 cal

23

Crispy Chicken Nuggets	241 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Kidney Beans	141 cal

26

Individual Round Cheese Pizza	279 cal
Orange Smiles	62 cal
Dried Cranberries	101 cal
Corn	92 cal

27

Corn Dog	240 cal
Fresh Whole Apple	48 cal
Raisins	119 cal
Baby Carrots	25 cal

28

Garden Burger	280 cal
Orange Smiles	62 cal
Diced Pears	55 cal
Fresh Broccoli Florets	11 cal

29

Breaded Chicken Tender	264 cal
Dried Cranberries	101 cal
Fruit Cocktail	84 cal
Celery Sticks	10 cal

30
No menu published

EVERY DAY

- Chocolate Milk
- Milk

Menu subject to change.