



DINNER

OCTOBER 2026

Elmer Wood

Atwater Elementary School District



Monday

Tuesday

Wednesday

Thursday

Friday

5  CHEESEBURGER  Orange Smiles  Dried Cranberries  Corn 360 cal 62 cal 101 cal 79 cal	6  CHEESE QUESADILLA  Fresh Whole Apple  Diced Pears  Baby Carrots  Taco Sauce Single Serve 392 cal 48 cal 55 cal 25 cal	7  ITALIAN CHEESY PULL APART  Orange Smiles  Dried Cranberries  Fresh Broccoli Florets 300 cal 62 cal 101 cal 11 cal	8  CHICKEN PATTY SANDWICH  Spicy Chicken Sandwich  Fresh Whole Apple  Applesauce  Celery Sticks 380 cal 370 cal 48 cal 59 cal 10 cal	9  CRISPY CHICKEN NUGGETS  Orange Smiles  Dried Cranberries  Kidney Beans 241 cal 62 cal 101 cal 141 cal
12  INDIVIDUAL ROUND CHEESE PIZZA  Orange Smiles  Dried Cranberries  Corn 280 cal 62 cal 101 cal 92 cal	13  CORN DOG  Fresh Whole Apple  Raisins  Baby Carrots 240 cal 48 cal 119 cal 25 cal	14  GARDEN BURGER  Orange Smiles  Diced Pears  Fresh Broccoli Florets 280 cal 62 cal 55 cal 11 cal	15  BREADED CHICKEN TENDER  Dried Cranberries  Fruit Cocktail  Celery Sticks 264 cal 101 cal 84 cal 10 cal	16  CHICKEN PATTY SANDWICH  Spicy Chicken Sandwich  Fresh Whole Apple  Raisins  Kidney Beans 380 cal 370 cal 48 cal 119 cal 141 cal
19  CHEESEBURGER  Orange Smiles  Dried Cranberries  Corn 360 cal 62 cal 101 cal 79 cal	20  CHEESE QUESADILLA  Fresh Whole Apple  Diced Pears  Baby Carrots  Taco Sauce Single Serve 392 cal 48 cal 55 cal 25 cal	21  ITALIAN CHEESY PULL APART  Orange Smiles  Dried Cranberries  Fresh Broccoli Florets 300 cal 62 cal 101 cal 11 cal	22  CHICKEN PATTY SANDWICH  Spicy Chicken Sandwich  Fresh Whole Apple  Applesauce  Celery Sticks 380 cal 370 cal 48 cal 59 cal 10 cal	23  CRISPY CHICKEN NUGGETS  Orange Smiles  Dried Cranberries  Kidney Beans 241 cal 62 cal 101 cal 141 cal
26  INDIVIDUAL ROUND CHEESE PIZZA  Orange Smiles  Dried Cranberries  Corn 279 cal 62 cal 101 cal 92 cal	27  CORN DOG  Fresh Whole Apple  Raisins  Baby Carrots 240 cal 48 cal 119 cal 25 cal	28  GARDEN BURGER  Orange Smiles  Diced Pears  Fresh Broccoli Florets 280 cal 62 cal 55 cal 11 cal	29  BREADED CHICKEN TENDER  Dried Cranberries  Fruit Cocktail  Celery Sticks 264 cal 101 cal 84 cal 10 cal	30 No menu published