



Atwater Elementary School District

Bellevue

Elementary Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5
Ultra Cinnamon Bun 240 cal
Banana Muffin 188 cal
Low Fat Mozzarella String Cheese 80 cal
Fresh Whole Apple 48 cal
Raisins 119 cal

6
Lemon Bread Super Slice 230 cal
Breakfast on a Stick 190 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

7
Sausage Breakfast Pizza 200 cal
Strawberry Oatmeal Bar 280 cal
Fresh Whole Apple 48 cal
Craisins 33000 cal

1
Double Berry Parfait 253 cal
Oatmeal Chocolate Chip BeneFIT Bar 280 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

2
Strawberry Yogurt Cup 60 cal
Honey Graham Crackers 90 cal
Cinnamon Creamy Cheese Mini Bagels 230 cal
Fresh Whole Apple 48 cal
Fresh Oranges 62 cal

12
Mini Cinnis 230 cal
Sausage Breakfast Pizza 200 cal
Fresh Whole Apple 48 cal
Raisins 119 cal

13
Whole Grain Concha 200 cal
Blueberry Bash Mini Waffles 190 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

14
Blueberry Muffin 190 cal
Low Fat Mozzarella String Cheese 80 cal
Breakfast on a Stick 190 cal
Fresh Whole Apple 48 cal
Craisins 33000 cal

15
Double Berry Parfait 253 cal
Oatmeal Chocolate Chip BeneFIT Bar 280 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

16
Strawberry Yogurt Cup 60 cal
Honey Graham Crackers 90 cal
Cinnamon Creamy Cheese Mini Bagels 230 cal
Fresh Whole Apple 48 cal
Fresh Oranges 62 cal

19
Ultra Cinnamon Bun 240 cal
Banana Muffin 188 cal
Low Fat Mozzarella String Cheese 80 cal
Fresh Whole Apple 48 cal
Raisins 119 cal

20
Lemon Bread Super Slice 230 cal
Breakfast on a Stick 190 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

21
Sausage Breakfast Pizza 200 cal
Strawberry Oatmeal Bar 280 cal
Fresh Whole Apple 48 cal
Craisins 33000 cal

22
Vanilla or Strawberry Yogurt 70 cal
Honey Graham Crackers 90 cal
Cinnamon Chip Scone 240 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

23
Strawberry Nutrigrain Breakfast Bar 150 cal
Low Fat Mozzarella String Cheese 80 cal
French Toast Breakfast Bar 280 cal
Fresh Whole Apple 48 cal
Fresh Oranges 62 cal

26
Mini Cinnis 230 cal
Sausage Breakfast Pizza 200 cal
Fresh Whole Apple 48 cal
Raisins 119 cal

27
Whole Grain Concha 200 cal
Blueberry Bash Mini Waffles 190 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

28
Blueberry Muffin 190 cal
Low Fat Mozzarella String Cheese 80 cal
Breakfast on a Stick 190 cal
Fresh Whole Apple 48 cal
Craisins 33000 cal

29
Double Berry Parfait 253 cal
Oatmeal Chocolate Chip BeneFIT Bar 280 cal
Fresh Oranges 62 cal
Apple Juice 60 cal

30
No menu published

Served every day

1% White Milk · Chocolate Milk

Menu data from Atwater Elementary School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Atwater Elementary School District publishes them.

nutrilslice