



Atwater Elementary School District

Aileen Colburn

Elementary Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- Ultra Cinnamon Bun 240 cal
 - Banana Muffin 188 cal
 - Low Fat Mozzarella String Cheese 80 cal
 - Fresh Whole Apple 48 cal
 - Raisins 119 cal

- 6**
- Lemon Bread Super Slice 230 cal
 - Breakfast on a Stick 190 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 7**
- Sausage Breakfast Pizza 200 cal
 - Strawberry Oatmeal Bar 280 cal
 - Fresh Whole Apple 48 cal
 - Craisins 33000 cal

- 1**
- Double Berry Parfait 253 cal
 - Oatmeal Chocolate Chip BeneFIT Bar 280 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 2**
- Strawberry Yogurt Cup 60 cal
 - Honey Graham Crackers 90 cal
 - Cinnamon Creamy Cheese Mini Bagels 230 cal
 - Fresh Whole Apple 48 cal
 - Fresh Oranges 62 cal

- 12**
- Mini Cinnis 230 cal
 - Sausage Breakfast Pizza 200 cal
 - Fresh Whole Apple 48 cal
 - Raisins 119 cal

- 13**
- Whole Grain Concha 200 cal
 - Blueberry Bash Mini Waffles 190 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 14**
- Blueberry Muffin 190 cal
 - Low Fat Mozzarella String Cheese 80 cal
 - Breakfast on a Stick 190 cal
 - Fresh Whole Apple 48 cal
 - Craisins 33000 cal

- 8**
- Vanilla or Strawberry Yogurt 70 cal
 - Honey Graham Crackers 90 cal
 - Cinnamon Chip Scone 240 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 9**
- Strawberry Nutrigrain Breakfast Bar 150 cal
 - Low Fat Mozzarella String Cheese 80 cal
 - French Toast Breakfast Bar 280 cal
 - Fresh Whole Apple 48 cal
 - Fresh Oranges 62 cal

- 19**
- Ultra Cinnamon Bun 240 cal
 - Banana Muffin 188 cal
 - Low Fat Mozzarella String Cheese 80 cal
 - Fresh Whole Apple 48 cal
 - Raisins 119 cal

- 20**
- Lemon Bread Super Slice 230 cal
 - Breakfast on a Stick 190 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 21**
- Sausage Breakfast Pizza 200 cal
 - Strawberry Oatmeal Bar 280 cal
 - Fresh Whole Apple 48 cal
 - Craisins 33000 cal

- 15**
- Double Berry Parfait 253 cal
 - Oatmeal Chocolate Chip BeneFIT Bar 280 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 16**
- Strawberry Yogurt Cup 60 cal
 - Honey Graham Crackers 90 cal
 - Cinnamon Creamy Cheese Mini Bagels 230 cal
 - Fresh Whole Apple 48 cal
 - Fresh Oranges 62 cal

- 26**
- Mini Cinnis 230 cal
 - Sausage Breakfast Pizza 200 cal
 - Fresh Whole Apple 48 cal
 - Raisins 119 cal

- 27**
- Whole Grain Concha 200 cal
 - Blueberry Bash Mini Waffles 190 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

- 28**
- Blueberry Muffin 190 cal
 - Low Fat Mozzarella String Cheese 80 cal
 - Breakfast on a Stick 190 cal
 - Fresh Whole Apple 48 cal
 - Craisins 33000 cal

- 22**
- Vanilla or Strawberry Yogurt 70 cal
 - Honey Graham Crackers 90 cal
 - Cinnamon Chip Scone 240 cal
 - Fresh Oranges 62 cal
 - Apple Juice 60 cal

23

No menu published

Served every day

1% White Milk · Chocolate Milk

Menu data from Atwater Elementary School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Atwater Elementary School District publishes them.

nutrislice