



Apple Valley Unified School District

Vanguard Preparatory

Preschool Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5
String Cheese, Mozzarella IW
Applesauce cup, rock'n blue raspberry No Added Sugar

6
Cereal, Marshmallow Mateys Preschool
Cheese, Mozzarella, String Lite
Orange, 113ct fresh
Fruit cup, Zee Zees, Cinnamon Diced Apples

7
Trix Str/Ban Yogurt w/Scooby Doo Graham
Plums, red or black

1
Breakfast Turkey Sausage Pizza IW Tony's
Fruit cup, Zee Zees, Cinnamon Diced Apples

2
French Toast Sticks, WG IW Bake Crafters
Apple Slices, Green

8
Breakfast Turkey Sausage Pizza IW Tony's
Strawberries, 12/1pt Fresh, Bob&Gary

9
French Toast Sticks, WG IW Bake Crafters
Applesauce cup, Strawberry Banana, ,Peterson Farms

12
No menu published

13
No menu published

14
No menu published

15
No menu published

16
No menu published

19
String Cheese, Mozzarella IW
Applesauce cup, Strawberry Banana, ,Peterson Farms

20
Cereal, Honey Nut Scooters Preschool
String Cheese, Mozzarella IW
Orange, 113ct fresh
Harvest Mixed Fruit Cup

21
Trix Str/Ban Yogurt w/Scooby Doo Graham
Apple Slices, Green

22
Breakfast Turkey Sausage Pizza IW Tony's
Strawberries, 12/1pt Fresh, Bob&Gary

23
French Toast Sticks, WG IW Bake Crafters
Harvest Mixed Fruit Cup

26
Muffin, Banana, IW Daves 90/1.90z Preschool
String Cheese, Mozzarella IW
Applesauce cup, Strawberry Banana, ,Peterson Farms
Milk, Nonfat 1/2 Pint, Eco

27
Cereal, Marshmallow Mateys Preschool
Cheese, Mozzarella, String Lite
Orange, 138ct
Milk, Nonfat 1/2 Pint, Eco

28
Trix Str/Ban Yogurt w/Scooby Doo Graham
Trix Triple Cherry Yogurt w/Scooby Doo Graham
Apple, Slices, GS, 100ct
Milk, Nonfat 1/2 Pint, Eco

29
Breakfast Pizza IW Wild Mikes
Banana, Petite Green Tip
Milk, Nonfat 1/2 Pint, Eco

30
French Toast Sticks, WG IW Bake Crafters
Ice Cup, Chillin Bat Ice
Milk, Nonfat 1/2 Pint, Eco

Served every day

Milk, 1% Lowfat 1/2 Pint Eco · Milk, Lactaid, Nonfat

Menu data from Apple Valley Unified School District, drawn by schoolmenuapp.com. Menu subject to change.

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