



Vanguard Preparatory

K-8 Lunch · October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 ● Enchilada Casserole, Beef ● Burrito, Bean and Cheese, Xtreme ● Cheeseburger, GF ● Spanish Rice ● Fiesta Beans ● Beans, Green, Canned USDA ● Salsa USDA ● Plums, red or black ● Peaches, canned sliced USDA ● Grapes, Red Lunch Bunch ● Milk, Soy Vanilla ● Milk, Lactose Free/FF, Borden ● Rice Krispie, Mini	2 ● Pizza, Stuffed Pepperoni sandwich, Big Daddy 48ct ● Burrito, Bean and Cheese, Xtreme ● Pepperoni Pizza Sandwich ,GF ● Peanut Butter Cup, Jif, 60/1.1oz ● Celery Sticks ● Tossed Salad ● Cauliflower, Buds, 5# ● Applesauce cup, Wild Watermelon No Sugar Added ● Apple Slices, Green ● Plums, red or black ● Milk, Lactose Free/FF, Borden ● Milk, Soy Vanilla
5 ● Beef Taco Stick IW ● Sandwich, Grape PBJ ● Smuckers Uncrustables ● Hot Dog, GF ● String Cheese, Mozzarella IW ● Cracker, Jungle ● Broccoli Florettes, 5# or 4x5# Case ● Miss Linda's Corn Recipe ● Salsa USDA ● Pears, Canned, DICED USDA ● Peaches, canned sliced USDA ● Apple Slices, Green ● Plums, red or black ● Milk, Soy Vanilla ● Milk, Lactose Free 2%	6 ● Chicken, Chunks ● Sandwich, Grape PBJ ● Smuckers Uncrustables ● String Cheese, Mozzarella IW ● Doritos, RF Nacho ● Cowboy Beans ● Miss Linda's Corn Recipe ● Orange, 113ct fresh ● Plums, red or black ● Frozen fruit cup, Strawberries, USDA ● Frozen fruit cup, Peaches, USDA ● Milk, Soy Vanilla ● Milk, Lactose Free 2% ● Sauce, BBQ 1 ounce	7 ● Cheeseburger, Mini Twins ● Sandwich, Grape PBJ ● Smuckers Uncrustables ● Cheeseburger, GF ● String Cheese, Mozzarella IW ● Cracker, Jungle ● Cucumber, whole/36ct ● Potato, Fries, Spiral, Skin On, McCain ● Miss Linda's Corn Recipe ● Broccoli Florettes, 5# or 4x5# Case ● Celery Sticks ● Grapes, Red Lunch Bunch ● Harvest Mixed Fruit Cup ● Pears, Canned, DICED USDA ● Peaches, canned sliced USDA ● Applesauce cup, Strawberry Banana, Peterson Farms ● Orange, 113ct fresh ● Milk, Soy Vanilla ● Milk, Lactose Free 2%	8 ● Chicken, Orange, Mandarin Jr., 192 servings ● Sandwich, Grape PBJ ● Smuckers Uncrustables ● Chicken Fillet sandwich, GF ● String Cheese, Mozzarella IW ● Cracker, Jungle ● Veggie Fried Rice w/mixed veggies ● Beans, Green, Canned USDA ● Carrot, Baby 3oz ● Carrot, Baby, 3.75oz ● Celery Sticks ● Strawberries, 12/1pt Fresh, Bob&Gary ● Frozen fruit cup, Peaches, USDA ● Plums, red or black ● Orange, 113ct fresh ● Peaches, canned sliced USDA ● Milk, Soy Vanilla ● Milk, Lactose Free 2%	9 ● Pizza, Wedge Wild Mike's Cheese ● Sandwich, Grape PBJ ● Smuckers Uncrustables ● Pepperoni Pizza Sandwich ,GF ● String Cheese, Mozzarella IW ● Cracker, Jungle ● Celery Sticks ● Tossed Salad ● Grapes, Red Lunch Bunch ● Applesauce cup, Strawberry Banana, Peterson Farms ● Orange, 113ct fresh ● Milk, Soy Vanilla ● Milk, Lactose Free 2%
12 No menu published	13 No menu published	14 No menu published	15 No menu published	16 No menu published
19 ● Burrito, Bean and Cheese, Xtreme ● Chicken, Nuggets Impossible WG ● Chicken Strips, GF W/ GF Roll Meal ● Roll, Shannons 10z, 192/case ● Peas, Canned USDA ● Steamed Broccoli w/homemade cheese sauce ● Pears, Canned, DICED USDA ● Apple, Gala 138-150ct ● Peaches, canned sliced USDA ● Peach, Yellow, 20#, FFAVORS, Organic ● Milk, Soy Vanilla ● Milk, Lactose Free 2% ● Sauce, BBQ 10z Bullseye	20 ● Walking Cheese Doritos with Jalapeno Cheese Cup ● Burrito, Bean and Cheese, Xtreme ● Chicken Fillet sandwich, GF ● Taco Meat, Turkey ● Carrot, Baby 3oz ● Fiesta Beans ● Salsa USDA ● Orange, 113ct fresh ● Applesauce cup, Strawberry Banana, Peterson Farms ● Apple, Gala 138-150ct ● Milk, Soy Vanilla ● Milk, Lactose Free 2%	21 ● Cheeseburger on a Bun ● Burrito, Bean and Cheese, Xtreme ● Hamburger ● Cheeseburger, GF ● Cucumber, whole/36ct ● Potato, Tot, Ore Ida ● Carrot, Baby 3oz ● Grapes, Red Lunch Bunch ● Harvest Mixed Fruit Cup ● Orange, 113ct fresh ● Milk, Soy Vanilla ● Milk, Lactose Free 2%	22 ● Chili Bake w/Penne Pasta and Fritos ● Burrito, Bean and Cheese, Xtreme ● Chili Bake w/GF Penne Pasta and Fritos ● Carrot, Baby 3oz ● Beans, Green, Canned USDA ● Peaches, Canned, diced USDA ● Strawberries, 12/1pt Fresh, Bob&Gary ● Grapes, Red Lunch Bunch ● Milk, Soy Vanilla ● Milk, Lactose Free 2%	23 ● Pizza, Papa John Cheese ● Pizza, Papa John Pepperoni ● Burrito, Bean and Cheese, Xtreme ● Pepperoni Pizza Sandwich ,GF ● Celery Sticks ● Tossed Salad ● Apple Slices, Green ● Strawberries, 12/1pt Fresh, Bob&Gary ● Ice Cup, Mango Caliente ● Milk, Lactose Free/FF, Borden ● Milk, Soy Vanilla
26 ● Chicken, Tender, Fritter, Preview, 4/5LB ● Burrito, Bean and Cheese, Xtreme ● Potato, Emoticon ● Broccoli Florettes, 5# or 4x5# Case ● Pears, Canned, DICED USDA ● Apple, Fuji ● Milk, Lactose Free/FF, Borden ● Milk, Chocolate Soy ● Milk, Soy Vanilla ● Apple Valley Sauce (Cane Sauce)	27 ● Taquito, Chicken ● Burrito, Bean and Cheese, Xtreme ● Peas, Canned USDA ● Fiesta Beans ● Homemade Salsa (USDA) ● Orange, 138ct ● Applesauce, canned unsweetened USDA ● Sauce, Taco Four in One	28 ● Chicken Patty Sandwich ● Spicy Chicken Sandwich ● Burrito, Bean and Cheese, Xtreme ● Cucumber, whole/36ct ● Edamame, 24# ● Grapes, Red Seedless ● Fruit, Mixed, Canned USDA ● Milk, Lactose Free/FF, Borden ● Milk, Chocolate Soy ● Milk, Soy Vanilla	29 ● Burrito, Bean and Cheese, Xtreme ● Breadstick, Cheese Stuffed ● Peanut Butter Cup, Jif ● Celery Sticks ● Marinara Sauce, 6/#10, Red Gold ● Tossed Salad ● Banana, Petite Green Tip ● Peaches, Canned, diced USDA ● Milk, Lactose Free/FF, Borden ● Milk, Chocolate Soy ● Milk, Soy Vanilla	30 ● Chicken, Nugget Bat Shapes ● Burrito, Bean and Cheese, Xtreme ● Graham Cracker, Halloween Shaped ● Carrot, Baby 3oz ● Beans, Green, Canned USDA ● Applesauce cup, Strawberry, No Added Sugar ● Applesauce cup, Wild Watermelon No Sugar Added ● Organic Pear, 110-150ct, 40LB ● Ice Cup, Chillin Bat Ice

Served every day

● Milk, 1% Lowfat 1/2 Pint Eco · ● Milk, Nonfat Chocolate, 1/2 PT Eco