



Vanguard Preparatory

6-8 Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Beef Taco Stick IW
Spicy Chicken Sandwich
Chicken Patty Sandwich
Bacon Cheeseburger
Pizza, Papa John Pepperoni
Peanut Butter Cup, Jif, 60/1.102
Miss Linda's Corn Recipe
Broccoli Florettes, 5# or 4x5# Case
Salsa USDA
Celery Sticks
Pears, Canned, DICED USDA
Apple Slices, Green
Plums, red or black
Raisin, Individual Box USDA
Sauce, Taco Four in One
Sauce, BBQ 102 Bullseye

No menu published

Chicken, Nuggets Impossible
Spicy Chicken Sandwich
Chicken Patty Sandwich
Bacon Cheeseburger
Pizza, Papa John Cheese
Pizza, Papa John Pepperoni
Roll, Shannons 102, 192/case
Peas, Canned USDA
Steamed Broccoli w/homemade cheese sauce
Pears, Canned, DICED USDA
Apple, Gala 138-150ct
Raisin, Individual Box USDA
Peach, Yellow, 20#, FFAVORS, Organic
Sauce, BBQ 102 Bullseye

Chicken, Tender, Fritter, Provieu, 4/5LB
Burrito, Bean and Cheese, Xtreme
Spicy Chicken Sandwich
Chicken Patty Sandwich
Bacon Cheeseburger
Potato, Emoticon
Broccoli Florettes, 5# or 4x5# Case
Pears, Canned, DICED USDA
Apple, Fuji
Milk, Lactose Free/FF, Borden
Milk, Chocolate Soy
Apple Valley Sauce (Cane Sauce)

Chicken, Chunks
Pizza, French Bread Pepperoni 51% WG
Chicken Patty Sandwich
Spicy Chicken Sandwich
Sub, Turkey Ham and Cheese Mini
Beef Taco Stick IW
Doritos, RF Nacho
Doritos, Flamas
Corn, Canned USDA
Cowboy Beans
Broccoli Florettes, 5# or 4x5# Case
Carrot, Baby 30z
Orange, 113ct fresh
Frozen fruit cup, Peaches, USDA
Plums, red or black
Pears, Canned, DICED USDA
Juice, Apple, 4 oz Eco
Sauce, BBQ 102 Bullseye

No menu published

Pizza, French Bread Pepperoni 51% WG
Chicken Patty Sandwich
Spicy Chicken Sandwich
Walking Cheese Doritos with Jalapeno Cheese Cup
Sub, Turkey Ham and Cheese Mini
Chicken, Chunks
Taco Meat, Turkey
Doritos, Cool Ranch RF
Carrot, Baby 30z
Fiesta Beans
Salsa USDA
Peach, Yellow, 20#, FFAVORS, Organic
Orange, 113ct fresh
Applesauce cup, Strawberry Banana, Peterson Farms
Pears, Canned, DICED USDA
Juice, Apple, 4 oz Eco

Burrito, Bean and Cheese, Xtreme
Spicy Chicken Sandwich
Chicken Patty Sandwich
Pizza, French Bread Pepperoni 51% WG
Sub, Turkey Ham and Cheese Mini
Tacoito, Chicken
Peas, Canned USDA
Edamame, 24#
Homemade Salsa (USDA)
Orange, 138ct
Applesauce, canned unsweetened USDA
Juice, very berry 4oz Eco
Juice, Apple, 4 oz Eco
Sauce, Taco Four in One

Cheeseburger, Mini Twins
Spicy Chicken Sandwich
Chicken Patty Sandwich
Bacon Cheeseburger
Cucumber, whole/36ct
Potato, Fries, Spiral, Skin On, McCain
Fiesta Beans
Miss Linda's Corn Recipe
Broccoli Florettes, 5# or 4x5# Case
Plums, red or black
Grapes, Red Lunch Bunch
Harvest Mixed Fruit Cup
Craisins, Fruit Punch, RS, 200ct
Pears, Canned, DICED USDA
Orange, 113ct fresh
Sauce, BBQ 102 Bullseye

No menu published

Cheeseburger on a Bun
Spicy Chicken Sandwich
Chicken Patty Sandwich
Chicken, Nuggets Impossible WG
Mandarin Jr. Orange Chicken w/Fried Rice
Roll, Shannons 102, 192/case
Cucumber, whole/36ct
Potato, Tot, One Ida
Grapes, Red Lunch Bunch
Harvest Mixed Fruit Cup
Craisins, Fruit Punch, RS, 200ct
Peach, Yellow, 20#, FFAVORS, Organic
Sauce, BBQ 102 Bullseye

Chicken Patty Sandwich
Spicy Chicken Sandwich
Burrito, Bean and Cheese, Xtreme
Cucumber, whole/36ct
Baked Beans
Grapes, Red Seedless
Fruit, Mixed, Canned USDA
Milk, Lactose Free/FF, Borden
Milk, Chocolate Soy

Enchilada Casserole, Beef
Spicy Chicken Sandwich
Chicken Patty Sandwich
Chicken, Tender, Fritter, Provieu, 4/5LB
Corn Dog, Chicken WG LF
Foster Farms 72/4oz
Sandwich, Grape PBJ
Smuckers Uncrustables
String Cheese, Mozzarella IW
Spanish Rice
Roll, Shannons 102, 192/case
Cracker, Jungle
Fiesta Beans
Beans, Green, Canned USDA
Salsa USDA
Cauliflower, Buds, 5#
Cucumber, whole/36ct
Peaches, canned sliced USDA
Grapes, Red Lunch Bunch
Juice, Apple, 4 oz Eco
Milk, Lactose Free/FF, Borden
Apple Valley Sauce (Cane Sauce)
Sauce, BBQ 102 Bullseye
Sauce, Taco Four in One
Rice Krispie, Mini

Chicken, Orange, Mandarin Jr., 192 servings
Spicy Chicken Sandwich
Chicken Patty Sandwich
Chicken, Tender, Fritter, Provieu, 4/5LB
Veggie Fried Rice w/mixed veggies
Roll, Shannons 102, 192/case
Carrot, Baby 30z
Peas, Canned USDA
Cowboy Beans
Cucumber, whole/36ct
Peaches, Canned, diced USDA
Strawberries, 12/1pt Fresh, BobbGary
Juice 4oz fruit punch 100%
Apple Valley Sauce (Cane Sauce)

No menu published

Chili Bake w/Penne Pasta and Fritos
Chicken, Tender, Fritter, Provieu, 4/5LB
Spicy Chicken Sandwich
Chicken Patty Sandwich
Hamburger
Chicken, Nuggets Impossible WG
Cheeseburger, Mini Twins
Roll, Shannons 102, 192/case
Carrot, Baby 30z
Beans, Green, Canned USDA
Potato, Tot, Ore Ida
Salsa USDA
Cucumber, whole/36ct
Peaches, Canned, diced USDA
Strawberries, 12/1pt Fresh, BobbGary
Orange, 113ct fresh
Juice 4oz fruit punch 100%
Apple Valley Sauce (Cane Sauce)
Sauce, BBQ 102 Bullseye

Burrito, Bean and Cheese, Xtreme
Spicy Chicken Sandwich
Chicken Patty Sandwich
Chicken, Tender, Fritter, Provieu, 4/5LB
Breadstick, Cheese Stuffed
Peanut Butter Cup, Jif
Celery Sticks
Marinara Sauce, 6/10, Red Gold
Tossed Salad
Banana, Petite Green Tip
Peaches, Canned, diced USDA
Juice, very berry 4oz Eco
Juice, Apple, 4 oz Eco
Milk, Lactose Free/FF, Borden
Milk, Chocolate Soy
Apple Valley Sauce (Cane Sauce)

Burrito, Bean and Cheese, Xtreme
Pizza, Papa John Cheese
Pizza, Papa John Pepperoni
Walking Cheese Doritos with Jalapeno Cheese Cup
Peanut Butter Cup, Jif, 60/1.102
Doritos, Flamas
Doritos, RF Nacho
Celery Sticks
Salsa USDA
Cucumber, whole/36ct
Applesauce cup, rock'n blue raspberry No Added Sugar
Grapes, Red Lunch Bunch
Peaches, canned sliced USDA
Raisin, Individual Box USDA
Apple Slices, Green
Milk, Lactose Free/FF, Borden

Pizza, Papa John Cheese
Pizza, Papa John Pepperoni
Walking Cheese Doritos with Jalapeno Cheese Cup
Peanut Butter Cup, Jif, 60/1.102
Doritos, Cool Ranch RF
Doritos, RF Nacho
Celery Sticks
Cucumber, whole/36ct
Carrot, Baby 30z
Broccoli Florettes, 5# or 4x5# Case
Salsa USDA
Strawberries, 12/1pt Fresh, BobbGary
Peaches, Canned, diced USDA
Raisin, Individual Box USDA
Peach, Yellow, 20#, FFAVORS, Organic

No menu published

Pizza, Papa John Cheese
Pizza, Papa John Pepperoni
Walking Cheese Doritos with Jalapeno Cheese Cup
Sandwich, Grape PBJ
Smuckers Uncrustables
Peanut Butter Cup, Jif, 60/1.102
String Cheese, Mozzarella IW
Doritos, Flamas
Cracker, Jungle
Celery Sticks
Cucumber, whole/36ct
Apple Slices, Green
Peaches, Canned, diced USDA
Strawberries, 12/1pt Fresh, BobbGary
Orange, 113ct fresh
Ice Cup, Mango Caliente
Milk, Lactose Free/FF, Borden

Chicken, Nugget Bat Shapes
Burrito, Bean and Cheese, Xtreme
Pizza, Papa John Cheese
Pizza, Papa John Pepperoni
Walking Cheese Doritos with Jalapeno Cheese Cup
Graham Cracker, Halloween Shaped
Doritos, Cool Ranch RF
Doritos, Flamas
Doritos, RF Nacho
Carrot, Baby 30z
Beans, Green, Canned USDA
Organic Pear, 110-150ct, 40LB
Ice Cup, Chillin Bat Ice

Served every day
Side Salad · Milk, 1% Lowfat 1/2 Pint Eco · Milk, Nonfat Chocolate, 1/2 PT Eco · Milk, Soy Vanilla