



# K-8 LUNCH

## OCTOBER 2026

# Sycamore Rocks Elementary School

Apple Valley Unified School District

Monday

Tuesday

Wednesday

Thursday

Friday

### 5 BEEF TACO STICK IW

- Sandwich, Strawberry PBJ Smuckers Uncrustables
- Sandwich, Grape PBJ Smuckers Uncrustables
- String Cheese, Mozzarella IW
- Cracker, Jungle
- Crackers, Smart State Capital
- Broccoli Florettes, 5# or 4x5# Case
- Homemade Salsa (USDA)
- Peas, Canned USDA
- Celery Sticks
- Edamame, 24#
- Carrot, Baby 3oz
- Cucumber, whole/36ct
- Pears, Canned, DICED USDA
- Apple, Gala 138-150ct
- Ice cup, Froot Jooce, watermelon
- Milk, Chocolate Soy
- Sauce, Taco Four in One

### 6 SANDWICH, STRAWBERRY PBJ SMUCKERS UNCRUSTABLES

- Sandwich, Grape PBJ Smuckers Uncrustables
- Boneless Chicken, Breaded, Chunks, 122 Servings, 5 each
- Bacon Cheeseburger
- Chicken Patty Sandwich
- Chicken, Nuggets Impossible WG
- String Cheese, Mozzarella IW
- Doritos, Cool Ranch RF
- Doritos, RF Nacho
- Cowboy Beans
- Miss Linda's Corn Recipe
- Orange, 138ct
- Applesauce cup, Strawberry Banana, Peterson Farms
- Milk, Lactose Free/FF, Borden
- Milk, Chocolate Soy
- Sauce, BBQ 1oz Bullseye

### 7 CHEESEBURGER, MINI TWINS

- Sandwich, Strawberry PBJ Smuckers Uncrustables
- Sandwich, Grape PBJ Smuckers Uncrustables
- Chicken Tenders, Hot Spicy WG
- String Cheese, Mozzarella IW
- Crackers, Smart State Capital
- Cracker, Jungle
- Cucumber, whole/36ct
- Potato, Emoticon
- Broccoli Florettes, 5# or 4x5# Case
- Grapes, Red Seedless
- Fruit Cup, Zee Zees, Mixed Frt
- Milk, Chocolate Soy
- Milk, Lactose Free/FF, Borden

### 1 ENCHILADA CASSEROLE, BEEF

- Burrito, Bean and Cheese, Xtreme
- Cheeseburger, Mini Twins
- Beef Taco Stick IW
- Wet Burrito, Green (IW)
- Spanish Rice
- Beans, Green, Canned USDA
- Homemade Salsa (USDA)
- Carrot, Baby 3oz
- Peaches, Canned, diced USDA
- Banana, Petite Green Tip
- Milk, Chocolate Soy
- Milk, Lactose Free/FF, Borden
- Rice Krispie, Mini

### 2 PIZZA, STUFFED PEPPERONI SANDWICH, BIG DADDY 48CT

- Burrito, Bean and Cheese, Xtreme
- Pizza, Papa John Pepperoni
- Pizza, Multi Cheese Garlic French Bread
- Cookie, Brookie Bite WG IW
- Celery Sticks
- Tossed Salad
- Apple, green slice, 200/2oz
- Applesauce cup, Wild Watermelon No Sugar Added
- Peach, Yellow FFAVORS
- Banana, Petite Green Tip
- Pop n Go, Blue Raspberry, 112ct, GS
- Milk, Chocolate Soy
- Milk, Lactose Free/FF, Borden
- Cookie, Choc Chip, Buena Vista, 1 ounce

### 8 CHICKEN, ORANGE, MANDARIN JR., 192 SERVINGS

- Sandwich, Strawberry PBJ Smuckers Uncrustables
- Sandwich, Grape PBJ Smuckers Uncrustables
- Wet Burrito, Green (IW)
- String Cheese, Mozzarella IW
- Cracker, Jungle
- Veggie Fried Rice w/mixed veggies
- Beans, Green, Canned USDA
- Carrot, Baby 3oz
- Cucumber, whole/36ct
- Strawberries, 12/1pt Fresh, Bob&Gary
- Peaches, canned sliced USDA
- Milk, Lactose Free/FF, Borden
- Milk, Chocolate Soy

### 9 PIZZA WEDGE, WILD MIKE PEPPERONI

- Pizza, Wedge Wild Mike's Cheese
- Chicken, Orange, Mandarin Jr., 192 servings
- Nachos, Chili Cheese
- Pizza, Papa John Pepperoni
- Chicken Patty Sandwich
- Spicy Chicken Sandwich
- Sandwich, Grape PBJ Smuckers Uncrustables
- Veggie Fried Rice w/mixed veggies
- Celery Sticks
- Tossed Salad
- Applesauce cup, Wild Watermelon No Sugar Added
- Organic Pear, 110-150ct, 40LB
- Applesauce cup, Strawberry Banana, Peterson Farms
- Milk, Lactose Free/FF, Borden

No menu published

No menu published

No menu published

No menu published

No menu published

### 19 CHICKEN, NUGGETS IMPOSSIBLE

- Sandwich, Strawberry PBJ Smuckers Uncrustables
- Burrito, Bean and Cheese, Xtreme
- Chicken Patty Sandwich
- Spicy Chicken Sandwich
- Drumstick, breaded Tyson
- String Cheese, Mozzarella IW
- Cracker, Jungle
- Roll, Shannons 1oz, 192/case
- Peas, Canned USDA
- Steamed Broccoli w/homemade cheese sauce
- Pears, Canned, DICED USDA
- Apple, Gala 138-150ct
- Milk, Lactose Free/FF, Borden
- Sauce, BBQ 1oz Bullseye
- Sauce, Taco Four in One

### 20 WALKING CHEESE DORITOS WITH JALAPENO CHEESE CUP

- Burrito, Bean and Cheese, Xtreme
- Bacon Cheeseburger
- Spicy Chicken Sandwich
- Chicken Patty Sandwich
- Taco Meat, Turkey
- Carrot, Baby 3oz
- Fiesta Beans
- Homemade Salsa (USDA)
- Orange, 138ct
- Applesauce cup, Strawberry Banana, Peterson Farms
- Pear, Variety
- Peaches, Canned, diced USDA
- Milk, Lactose Free/FF, Borden
- Sauce, Taco Four in One

### 21 CHEESEBURGER ON A BUN

- Burrito, Bean and Cheese, Xtreme
- Spicy Chicken Sandwich
- Hamburger
- Sandwich, Strawberry PBJ Smuckers Uncrustables
- String Cheese, Mozzarella IW
- Cracker, Jungle
- Cucumber, whole/36ct
- Potato, Emoticon
- Homemade Salsa (USDA)
- Grapes, Red Seedless
- Fruit Cup, Zee Zees, Mixed Frt
- Applesauce cup, rock'n blue raspberry No Added Sugar
- Milk, Chocolate Soy
- Milk, Lactose Free/FF, Borden
- Sauce, Taco Four in One

### 22 CHILI BAKE W/PENNE PASTA AND FRITOS

- Burrito, Bean and Cheese, Xtreme
- Spicy Chicken Sandwich
- Wet Burrito, Green (IW)
- Chicken Strips, GF W/ GF Roll Meal
- Carrot, Baby 3oz
- Beans, Green, Canned USDA
- Homemade Salsa (USDA)
- Cucumber, whole/36ct
- Strawberries, 12/1pt Fresh, Bob&Gary
- Peaches, canned sliced USDA
- Milk, Lactose Free/FF, Borden
- Milk, Chocolate Soy

### 23 PIZZA, PAPA JOHN CHEESE

- Pizza, Papa John Pepperoni
- Sandwich, Strawberry PBJ Smuckers Uncrustables
- Nachos, Chili Cheese
- Chicken Patty Sandwich
- String Cheese, Mozzarella IW
- Cracker, Jungle
- Celery Sticks
- Tossed Salad
- Frozen fruit cup, Peaches, USDA
- Apple, green slice, 200/2oz
- Milk, Lactose Free/FF, Borden
- Milk, Chocolate Soy

### 26 CHICKEN, TENDER, FRITTER, PROVIOV, 4/5LB

- Sandwich, Strawberry PBJ Smuckers Uncrustables
- String Cheese, Mozzarella IW
- Cracker, Jungle
- Broccoli Florettes, 5# or 4x5# Case
- Tossed Salad
- Pears, Canned, DICED USDA
- Apple, Fuji
- Apple, green slice, 200/2oz
- Milk, Lactose Free/FF, Borden
- Milk, Chocolate Soy
- Apple Valley Sauce (Cane Sauce)
- Sauce, BBQ 1oz Bullseye

### 27 TAQUITO, CHICKEN

- Burrito, Bean and Cheese, Xtreme
- Peas, Canned USDA
- Fiesta Beans
- Homemade Salsa (USDA)
- Orange, 138ct
- Applesauce, canned unsweetened USDA
- Sauce, Taco Four in One

### 28 CHICKEN PATTY SANDWICH

- Spicy Chicken Sandwich
- Burrito, Bean and Cheese, Xtreme
- Cucumber, whole/36ct
- Edamame, 24#
- Grapes, Red Seedless
- Fruit, Mixed, Canned USDA
- Applesauce cup, rock'n blue raspberry No Added Sugar
- Milk, Chocolate Soy
- Milk, Lactose Free/FF, Borden
- Milk, Soy Vanilla

### 29 PULL APARTS, IW

- Burrito, Bean and Cheese, Xtreme
- Peanut Butter Cup, Jif
- Celery Sticks
- Marinara Sauce, 6/#10, Red Gold
- Tossed Salad
- Banana, Petite Green Tip
- Peaches, Canned, diced USDA
- Milk, Lactose Free/FF, Borden
- Milk, Chocolate Soy
- Milk, Soy Vanilla

### 30 CHICKEN, NUGGET BAT SHAPES

- Burrito, Bean and Cheese, Xtreme
- Graham Cracker, Halloween Shaped
- Carrot, Baby 3oz
- Beans, Green, Canned USDA
- Applesauce cup, Strawberry, No Added Sugar
- Applesauce cup, Wild Watermelon No Sugar Added
- Organic Pear, 110-150ct, 40LB
- Ice Cup, Chillin Bat Ice

Served every day:

■ Milk, 1% Lowfat 1/2 Pint Eco ■ Milk, Nonfat Chocolate, 1/2 PT Eco

Menu data from Apple Valley Unified School District, drawn by schoolmenuapp.com. Menu subject to change.

