



Apple Valley Unified School District

Rio Vista Elementary School

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

Chex, Cinnamon Cereal cup, 2oz
Yogurt, Trix 4oz Triple Cherry
Pizza, Breakfast
Cracker, Belly Bear, Honey
Peaches, Canned, diced USDA
Banana, Petite Green Tip

2

Chex, Cinnamon Cereal cup, 2oz
French Toast Casserole
Raisin, Individual Box USDA
Pears, Canned, DICED USDA
Banana, Petite Green Tip
Milk, Chocolate Soy

5

Chex, Cinnamon Cereal cup, 2oz
Yogurt, Trix 4oz Triple Cherry
Cracker, Belly Bear, Honey
Raisin, Individual Box USDA
Peaches
Milk, Chocolate Soy
Milk, Lactose Free/FF, Borden

6

Chex, Cinnamon Cereal cup, 2oz
Cara Cara, Oranges, 113ct, FFAVORS
Applesauce cup, Strawberry Banana, Peterson Farms

7

Bagel, Cinnamon Raisin Sliced WG
Bagel, Plain sliced WWW
Chex, Cinnamon Cereal cup, 2oz
Raisin, Individual Box USDA
Fruit Cup, Zee Zees, Mixed Frt
Cream Cheese cup

8

Pizza, Breakfast
Bagel, Cinnamon Raisin Sliced WG
Bagel, Plain sliced WWW
Peaches, Canned, diced USDA
Banana, Petite Green Tip
Cream Cheese cup, Driftwood, 10oct

9

Dutch Waffle w/powdered sugar
Pizza, Breakfast
Pears, Canned, DICED USDA
Raisin, Individual Box USDA
Banana, Petite Green Tip

12

No menu published

13

No menu published

14

No menu published

15

No menu published

16

No menu published

19

Chex, Cinnamon Cereal cup, 2oz
Yogurt, Trix 4oz Triple Cherry
Cracker, Belly Bear, Honey
Raisin, Individual Box USDA
Apple, Fuji
Craisins, Cherry
Juice, Orange 4oz Eco

20

Sandwich, Pancake and Sausage
Chex, Cinnamon Cereal cup, 2oz
Applesauce cup, Strawberry Banana, Peterson Farms
Cara Cara, Oranges, 113ct, FFAVORS
Juice, Orange 4oz Eco
Milk, 1% Lowfat UHT Shelf Stable

21

Muffin, Blueberry Top WG IW Buena Vista
Chex, Cinnamon Cereal cup, 2oz
Fruit Cup, Zee Zees, Mixed Frt
Craisins, Cherry
Cara Cara, Oranges, 113ct, FFAVORS

22

Pizza, Breakfast
Chex, Cinnamon Cereal cup, 2oz
Muffin, Blueberry Top WG IW Buena Vista
Peaches, Canned, diced USDA
Banana, Petite Green Tip

23

Yogurt Parfait, Breakfast K-8
Chex, Cinnamon Cereal cup, 2oz
Pizza, Breakfast
Pears, Canned, DICED USDA
Apple, Fuji
Craisins, Cherry

26

Yogurt, Trix 4oz Triple Cherry
Yogurt Parfait, Breakfast K-8
Cracker, Belly Bear, Honey
Apple, Fuji
Craisins, Cherry
Milk, Chocolate Soy
Milk, Lactose Free/FF, Borden

27

Breakfast Bowl w/tots
Cara Cara, Oranges, 113ct, FFAVORS
Applesauce cup, rock'n blue raspberry No Added Sugar
Milk, Lactose Free/FF, Borden
Milk, Chocolate Soy

28

Pancake Poffits w/fruit compote
Fruit, Mixed, Canned USDA
Raisin, Individual Box USDA

29

Pizza, Breakfast
Peaches, Canned, diced USDA
Banana, Petite Green Tip

30

Cinnamon Roll, Dough, 100/2.7OZ, Pillsbury
Raisin, Individual Box USDA
Pears, Canned, DICED USDA
Frozen fruit cup, Peaches, USDA
Frozen fruit cup, Strawberries, USDA
Frozen fruit cup, Mixed Berries, USDA

Served every day

Cereal, Cinnamon Toaster, 2oz · Cereal, Marshmallow Matey, 2oz · Juice, Apple, 4 oz Eco · Juice, very berry 4oz Eco · Milk, 1% Lowfat 1/2 Pint Eco
Milk, Nonfat Chocolate, 1/2 PT Eco