



# High Desert Premier Academy

Vala K-12 Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- Cereal, Cinnamon Toaster, 2oz**
- Cereal, Marshmallow Matey, 2oz
- Cereal, Rice Chex 10z
- Chex, Cinnamon Cereal cup, 2oz
- Apple, Slices, GS, 100ct
- Fruit Cup, Zee Zees, Mixed Frt
- Peach, Yellow, 20#, FFAVORS, Organic
- Juice, Apple, 4 oz Eco

6

- French Toast Sticks, WG IW Bake Crafters**
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Peach, Yellow, 20#, FFAVORS, Organic
- Fruit Cup, Zee Zees, Mixed Frt
- Juice, Apple, 4 oz Eco
- Juice, very berry 4oz Eco

7

- Bagel, Plain sliced WWW**
- BAGEL,PLAIN,GF,IW
- Applesauce cup, Strawberry Banana, ,Peterson Farms
- Oranges, 88ct FFAVORS
- Juice, Apple, 4 oz Eco
- Cream Cheese cup, Driftwood, 100ct

1

- Bar, Benefit Choc Chip**
- Bar, Benefit Banana Chocolate Chunk
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Fruit Cup, Zee Zees, Mixed Frt
- Peach, Yellow, 20#, FFAVORS, Organic
- Banana, Petite Green Tip
- Juice, Apple, 4 oz Eco

2

- Bread, Pan Dulce**
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Fruit Cup, Zee Zees, Mixed Frt
- Apple, Slices, GS, 100ct
- Grapes, Red, 100/2.75oz, FFAVORS
- Juice 4oz fruit punch 100%

12

No menu published

13

No menu published

14

No menu published

15

No menu published

16

No menu published

19

- Cereal, Cinnamon Toaster, 2oz**
- Cereal, Marshmallow Matey, 2oz
- Cereal, Rice Chex 10z
- Apple, Red Variety, 138ct, GS
- Apple, Slices, GS, 100ct
- Juice, very berry 4oz Eco

20

- French Toast Sticks, WG IW Bake Crafters**
- Cereal, Rice Chex 10z
- Muffin, Double Choc IW UDI's, GF
- Peach, Yellow, 20#, FFAVORS, Organic
- Juice, Apple, 4 oz Eco

21

- Bagel, Plain sliced WWW**
- BAGEL,PLAIN,GF,IW
- Applesauce cup, Wild Watermelon No Sugar Added
- Juice, very berry 4oz Eco
- Cream Cheese cup, Driftwood, 100ct

22

- Bar, Benefit Choc Chip**
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Craisins, Cherry, RS, 200ct.
- Grapes, Red, 100/2.75oz, FFAVORS
- Juice 4oz fruit punch 100%

23

- Bread, Pan Dulce**
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Craisins, Cherry, RS, 200ct.
- Grapes, Red, 100/2.75oz, FFAVORS
- Juice, very berry 4oz Eco
- Juice 4oz fruit punch 100%

26

- Cereal, Cinnamon Toaster, 2oz**
- Cereal, Marshmallow Matey, 2oz
- Cereal, Rice Chex 10z
- Raisin, Individual Box USDA
- Apple, Gala 138-150ct
- Juice, Apple, 4 oz Eco
- Juice 4oz fruit punch 100%

27

- French Toast Sticks, WG IW Bake Crafters**
- Applesauce, cups USDA
- Raisin, Individual Box USDA
- Applesauce cup, rock'n blue raspberry No Added Sugar
- Juice, Apple, 4 oz Eco
- Juice 4oz fruit punch 100%

28

- Bagel, Plain sliced WWW**
- BAGEL,PLAIN,GF,IW
- Raisin, Individual Box USDA
- Fruit Cup, Zee Zees, Mixed Frt
- Juice, Apple, 4 oz Eco
- Juice 4oz fruit punch 100%
- Cream Cheese cup, Driftwood, 100ct

29

- Bar, Benefit Choc Chip**
- Bar, Benefit Banana Chocolate Chunk
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Raisin, Individual Box USDA
- Banana, Petite Green Tip
- Juice, Apple, 4 oz Eco
- Juice 4oz fruit punch 100%

30

- Bread, Pan Dulce**
- Muffin, Double Choc IW UDI's, GF
- Cereal, Rice Chex 10z
- Raisin, Individual Box USDA
- Frozen fruit cup, Peaches, USDA
- Frozen fruit cup, Strawberries, USDA
- Frozen fruit cup, Mixed Berries, USDA
- Juice 4oz fruit punch 100%
- Juice, Apple, 4 oz Eco

**Served every day**

Milk, 1% Lowfat 1/2 Pint Eco · Milk, Nonfat Chocolate, 1/2 PT Eco · Milk, Lactose Free/FF, Borden