



LUNCH OCTOBER 2026

Ynez Elementary School

Alhambra Unified School District



Monday	Tuesday	Wednesday	Thursday	Friday
			1 No menu published	2 No menu published
5 No menu published	6 No menu published	7 No menu published	8 No menu published	9 No menu published
12 No menu published	13 No menu published	14 No menu published	15 No menu published	16 No menu published
19 WEDGE SANDWICH CHICKEN, TURK HAM, CHEESE 270 cal Crispy Chicken 180 cal Nuggets Tater Tots 170 cal Carrot Sticks 100 cal Fresh Apple 72 cal	20 BEEF SOFT TACOS 315 cal W/ ULTRA GRAIN TORTILLAS Birria & Cheese 310 cal Pupusa Shredded Lettuce & Sliced Tomatoes & Cucumber 25 cal Pinto Beans 111 cal Fresh Orange 62 cal	21 KOREAN BEEF 289 cal BOWL Chipotle Chicken 716 cal Salad Jicama Sticks 23 cal Carrot Sticks 50 cal Fresh Apple 72 cal Buttermilk Ranch 15 cal	22 TURKEY HOT DOG 292 cal Grilled Cheese 317 cal Sandwich Vegetarian Beans 220 cal Carrot Sticks 50 cal Diced Pears 80 cal Buttermilk Ranch 15 cal	23 DETROIT CHEESE 370 cal PIZZA Parmesan Chicken 602 cal Salad Celery Sticks 8 cal Sliced Cucumbers 8 cal Cheddar & Sour 100 cal Cream Chips Ripe Banana 105 cal Buttermilk Ranch 15 cal
26 PUPIL FREE DAY	27 PUPIL FREE DAY	28 WEDGE SANDWICH CHICKEN, TURK HAM, CHEESE 270 cal Rotini & Meat Sauce 367 cal Celery Sticks 17 cal Strawberry Craisins 110 cal Buttermilk Ranch 15 cal	29 CHEESEBURGER 353 cal Parmesan Chicken 602 cal Salad Shredded Lettuce & Sliced Tomatoes & Cucumber 25 cal Jicama Sticks 23 cal Fresh Orange 62 cal Buttermilk Ranch 15 cal	30 CRISPY CHICKEN NUGGETS 180 cal Chinese Chicken Salad 461 cal Celery Sticks 8 cal Sliced Cucumbers 8 cal BBQ Lay's Chips 109 cal Ripe Banana 105 cal Buttermilk Ranch 15 cal

Menu data from Alhambra Unified School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Alhambra Unified School District publishes them.

MealViewer