



BREAKFAST OCTOBER 2026

Ynez Elementary School

Alhambra Unified School District



Monday	Tuesday	Wednesday	Thursday	Friday
			1 No menu published	2 No menu published
5 No menu published	6 No menu published	7 No menu published	8 No menu published	9 No menu published
12 No menu published	13 No menu published	14 No menu published	15 No menu published	16 No menu published
19 GLAZED BREAKFAST BUN 270 cal Assorted Cereal 210 cal Dried Cranberries 267 cal	20 SAUSAGE BREAKFAST PIZZA 210 cal Cinnamon Crumble 341 cal Orange Juice (2 x 4oz) 114 cal	21 TURKEY BACON, CHEESE OMELET & MINI WAFFLES 282 cal Assorted Cereal 210 cal Raisins 240 cal	22 MINI CHOCOLATE COVERED DONUT 390 cal Breakfast Croissant w/Turkey Ham & Swiss 300 cal Fresh Apple 72 cal	23 YOGURT PARFAIT & GRANOLA 284 cal Sweet Cinnamon Waffle 250 cal Ripe Banana 210 cal
26 PUPIL FREE DAY	27 PUPIL FREE DAY	28 TURKEY BACON, CHEESE OMELET & MINI WAFFLES 282 cal Assorted Cereal 210 cal Raisins 240 cal	29 CHOCOLATE CHIP SCONE 273 cal Pancake Wrapped Sausage 180 cal Fresh Apple 72 cal	30 AUSD BIGGER BETTER BREAKFAST 474 cal Pumpkin Spice Pan Dulce 230 cal Ripe Banana 210 cal

Menu data from Alhambra Unified School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Alhambra Unified School District publishes them.

MealViewer