



SUPPER OCTOBER 2026

San Gabriel High School

Alhambra Unified School District



Monday	Tuesday	Wednesday	Thursday	Friday
			1 No menu published	2 No menu published
5 No menu published	6 No menu published	7 No menu published	8 No menu published	9 No menu published
12 No menu published	13 No menu published	14 No menu published	15 No menu published	16 No menu published
19 CARROT STICKS 50 cal Tortilla Chips 280 cal Fresh Apple 72 cal 1% Milk 120 cal Non-Fat Milk 90 cal Nacho Cheese Cup 190 cal	20 CHICKEN & CHEESE TAMALE 343 cal Gold Rush Juice 80 cal Raisins 240 cal	21 PENNE W/ BEEF & CHEESE 380 cal Celery Sticks 17 cal Dried Cranberries 267 cal Buttermilk Ranch 15 cal	22 ORANGE CHICKEN W/RICE 350 cal Fresh Broccoli, 1c 30 cal Apple Juice 110 cal Buttermilk Ranch 15 cal	23 BAGEL & CREAM CHEESE 338 cal Carrot Sticks 100 cal Fresh Apple 72 cal Buttermilk Ranch 15 cal
26 PUPIL FREE DAY	27 PUPIL FREE DAY	28 TACO STICK 345 cal Carrot Sticks 100 cal Fresh Orange 62 cal Buttermilk Ranch 15 cal	29 BBQ BEEF RIB PATTY SANDWICH 271 cal Fresh Broccoli, 1c 30 cal Apple Juice 110 cal 1% Milk 120 cal Non-Fat Milk 90 cal	30 CARROT STICKS 100 cal Fresh Apple 72 cal Buttermilk Ranch 15 cal

Menu data from Alhambra Unified School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Alhambra Unified School District publishes them.

MealViewer