



LUNCH OCTOBER 2026

San Gabriel High School

Alhambra Unified School District



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			No menu published	No menu published
5	6	7	8	9
No menu published	No menu published	No menu published	No menu published	No menu published
12	13	14	15	16
No menu published	No menu published	No menu published	No menu published	No menu published
19	20	21	22	23
ORANGE CHICKEN FRIED RICE BOWL 326 cal All Beef hot dog 312 cal Teriyaki Grilled Chicken Sandwich 319 cal Cheeseburger 353 cal Black Bean Burger 345 cal Carrot Sticks 50 cal Sliced Cucumbers 8 cal Sweet Corn 82 cal Fudge Brownie 160 cal Fresh Apple 72 cal Orange Juice 57 cal Raisins 120 cal	BEEF NACHOS 571 cal Chinese Chicken Salad 461 cal Cheese burger w/Lettuce & Tomato 336 cal AUSD Fiesta Baked Potato 645 cal AUSD Loaded Broccoli & Cheddar Potato 676 cal Pico De Gallo 23 cal Black Bean & Corn Salsa 86 cal Tortilla Chips 280 cal Ripe Banana 105 cal Fresh Orange 62 cal Mountain Quest Dry Fruit 120 cal	KOREAN WINGS W/ FRIES 538 cal Spicy Tuna Sushi Roll 564 cal Cheeseburger 353 cal Black Bean Burger 345 cal Carrot Sticks 50 cal Asian Cole slaw 125 cal Cornbread Muffin 190 cal Fresh Apple 72 cal Orange Juice 57 cal Strawberry Craisins 110 cal	ROTINI & MEAT SAUCE 367 cal Sichuan Chicken Rice Bowl 571 cal Chicken Caesar Salad 409 cal Cheese burger w/Lettuce & Tomato 336 cal Tofu Curry & Rice 530 cal Sliced Cucumbers 8 cal Black Bean & Corn Salsa 86 cal Creamy Cole Slaw 60 cal Ripe Banana 105 cal Fresh Orange 62 cal Mountain Quest Dry Fruit 120 cal Garlic Texas Toast 100 cal	CHEESEBURGER 353 cal Fish Sandwich 340 cal Buffalo Wings & Tots 516 cal Veggie Nuggets with tots 481 cal Spicy Tuna Sushi Roll 564 cal Black Bean Burger 345 cal Carrot Sticks 50 cal Pico De Gallo 23 cal Tortilla Chips 280 cal Fresh Apple 72 cal Orange Juice 57 cal Raisins 120 cal
26	27	28	29	30
No menu published	BEEF NACHOS 571 cal Chinese Chicken Salad 461 cal Cheese burger w/Lettuce & Tomato 336 cal AUSD Fiesta Baked Potato 645 cal AUSD Loaded Broccoli & Cheddar Potato 676 cal Pico De Gallo 23 cal Black Bean & Corn Salsa 86 cal Tortilla Chips 280 cal Ripe Banana 105 cal Fresh Orange 62 cal Mountain Quest Dry Fruit 120 cal	KOREAN WINGS W/ FRIES 538 cal Spicy Tuna Sushi Roll 564 cal Cheeseburger 353 cal Black Bean Burger 345 cal Carrot Sticks 50 cal Asian Cole slaw 125 cal Cornbread Muffin 190 cal Fresh Apple 72 cal Orange Juice 57 cal Strawberry Craisins 110 cal	ROTINI & MEAT SAUCE 367 cal Sichuan Chicken Rice Bowl 571 cal Chicken Caesar Salad 409 cal Cheese burger w/Lettuce & Tomato 336 cal Tofu Curry & Rice 530 cal Sliced Cucumbers 8 cal Black Bean & Corn Salsa 86 cal Creamy Cole Slaw 60 cal Ripe Banana 105 cal Fresh Orange 62 cal Mountain Quest Dry Fruit 120 cal Garlic Texas Toast 100 cal	CHEESEBURGER 353 cal Fish Sandwich 340 cal Buffalo Wings & Tots 516 cal Veggie Nuggets with tots 481 cal Spicy Tuna Sushi Roll 564 cal Black Bean Burger 345 cal Carrot Sticks 50 cal Pico De Gallo 23 cal Tortilla Chips 280 cal Fresh Apple 72 cal Orange Juice 57 cal Raisins 120 cal

Served every day:

🍕 Detroit Cheese Pizza · 🍕 Detroit Pepperoni Pizza · 🍗 Spicy Chicken Breast Sandwich · 🥗 Lettuce, Tomatoes & Onion · 🥗 Garden Salad

Menu data from Alhambra Unified School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Alhambra Unified School District publishes them.