



Alhambra Unified School District

Monterey Highlands Elementary School

Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

Wedge Sandwich
Chicken, Turk Ham,
Cheese
270 cal
Crispy Chicken
Nuggets 180 cal
Tater Tots 170 cal
Carrot Sticks 100 cal
Fresh Apple 72 cal

Beef Soft Tacos
w/ Ultra Grain
Tortillas 315 cal
Birria & Cheese
Pupusa 310 cal
Shredded Lettuce & Sliced
Tomatoes & Cucumber 25 cal
Pinto Beans 111 cal
Fresh Orange 62 cal

Korean Beef
Bowl 289 cal
Chipotle Chicken
Salad 716 cal
Jicama Sticks 23 cal
Carrot Sticks 50 cal
Fresh Apple 72 cal
Buttermilk Ranch 15 cal

Turkey Hot dog 292 cal
Grilled Cheese
Sandwich 317 cal
Vegetarian Beans 220 cal
Carrot Sticks 50 cal
Diced Pears 80 cal
Buttermilk Ranch 15 cal

Detroit Cheese
Pizza 370 cal
Parmesan Chicken
Salad 602 cal
Celery Sticks 8 cal
Sliced Cucumbers 8 cal
Cheddar & Sour
Cream Chips 100 cal
Ripe Banana 105 cal
Buttermilk Ranch 15 cal

Pupil Free Day

Pupil Free Day

Wedge Sandwich
Chicken, Turk Ham,
Cheese 270 cal
Rotini & Meat Sauce 367 cal
Celery Sticks 17 cal
Strawberry Craisins 110 cal
Buttermilk Ranch 15 cal

Cheeseburger 353 cal
Parmesan Chicken
Salad 602 cal
Shredded Lettuce & Sliced
Tomatoes & Cucumber 25 cal
Jicama Sticks 23 cal
Fresh Orange 62 cal
Buttermilk Ranch 15 cal

Crispy Chicken
Nuggets 180 cal
Chinese Chicken
Salad 461 cal
Celery Sticks 8 cal
Sliced Cucumbers 8 cal
BBQ Lay's Chips 109 cal
Ripe Banana 105 cal
Buttermilk Ranch 15 cal