



Alhambra Unified School District

Monterey Highlands Elementary School

Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

Glazed Breakfast Bun 270 cal
 Assorted Cereal 210 cal
 Dried Cranberries 267 cal

Sausage Breakfast Pizza 210 cal
 Cinnamon Crumble 341 cal
 Orange Juice (2 x 4oz) 114 cal

Turkey Bacon, Cheese Omelet & Mini Waffles 282 cal
 Assorted Cereal 210 cal
 Raisins 240 cal

Mini Chocolate Covered Donut 390 cal
 Breakfast Croissant w/Turkey Ham & Swiss 300 cal
 Fresh Apple 72 cal

Yogurt Parfait & Granola 284 cal
 Sweet Cinnamon Waffle 250 cal
 Ripe Banana 210 cal

Pupil Free Day

Pupil Free Day

Turkey Bacon, Cheese Omelet & Mini Waffles 282 cal
 Assorted Cereal 210 cal
 Raisins 240 cal

Chocolate Chip Scone 273 cal
 Pancake Wrapped Sausage 180 cal
 Fresh Apple 72 cal

AUSD Bigger Better Breakfast 474 cal
 Pumpkin Spice Pan Dulce 230 cal
 Ripe Banana 210 cal