



LUNCH OCTOBER 2026

Lift

Alhambra Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

No menu published

13

No menu published

14

No menu published

15

No menu published

16

No menu published

19

ORANGE CHICKEN RICE BOWL 380 cal
 Fresh Broccoli, 1c 30 cal
 Orange Juice (2 x 4oz) 114 cal

20

AUSD FIESTA BAKED POTATO 645 cal
 Vegetarian Beans 220 cal
 Watermelon Chunks 46 cal

21

KOREAN WINGS W/ FRIES 538 cal
 Carrot Sticks 50 cal
 Fresh Apple 72 cal
 Biscuit 210 cal

22

DETROIT CHEESE PIZZA 370 cal
 Carrot Sticks 100 cal
 Frozen Strawberry Cup 80 cal
 Raisins 120 cal

23

WG ITALIAN COMBO (TASTY BRANDS) 330 cal
 Celery Sticks 17 cal
 Ripe Banana 210 cal
 Snickerdoodle Cookie 160 cal

26

No menu published

27

NACHO BAR 594 cal
 Pinto Beans 111 cal
 Fresh Orange 62 cal

28

BUFFALO WINGS & TOTS 566 cal
 Carrot Sticks 50 cal
 Fresh Apple 72 cal
 Biscuit 210 cal

29

CHEESEBURGER 353 cal
 Carrot Sticks 100 cal
 Apple Juice 110 cal

30

TURKEY HAM, CHICKEN & CHEESE SANDWICH 270 cal
 Sliced Cucumbers 16 cal
 Fudge Brownie 160 cal
 Ripe Banana 210 cal

Menu data from Alhambra Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Alhambra Unified School District publishes them.

MealViewer