



BREAKFAST

OCTOBER 2026

Fremont Elementary School

Alhambra Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

No menu published

13

No menu published

14

No menu published

15

No menu published

16

No menu published

19

GLAZED BREAKFAST BUN 270 cal
 Assorted Cereal 210 cal
 Dried Cranberries 267 cal

20

SAUSAGE BREAKFAST PIZZA 210 cal
 Cinnamon Crumble 341 cal
 Orange Juice (2 x 4oz) 114 cal

21

TURKEY BACON, CHEESE OMELET & MINI WAFFLES 282 cal
 Assorted Cereal 210 cal
 Raisins 240 cal

22

MINI CHOCOLATE COVERED DONUT 390 cal
 Breakfast Croissant w/Turkey Ham & Swiss 300 cal
 Fresh Apple 72 cal

23

YOGURT PARFAIT & GRANOLA 284 cal
 Sweet Cinnamon Waffle 250 cal
 Ripe Banana 210 cal

26

PUPIL FREE DAY

27

PUPIL FREE DAY

28

TURKEY BACON, CHEESE OMELET & MINI WAFFLES 282 cal
 Assorted Cereal 210 cal
 Raisins 240 cal

29

CHOCOLATE CHIP SCONE 273 cal
 Pancake Wrapped Sausage 180 cal
 Fresh Apple 72 cal

30

AUSD BIGGER BETTER BREAKFAST 474 cal
 Pumpkin Spice Pan Dulce 230 cal
 Ripe Banana 210 cal

Menu data from Alhambra Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Alhambra Unified School District publishes them.

MealViewer