

LUNCH

OCTOBER 2026

George W. Long High School

Dale County School District

Monday	Tuesday	Wednesday	Thursday	Friday
			CORNDOG Green Beans Sliced Squash Carrot Sticks w/ Ranch Animal Crackers Alternate: Pizza	CHICKEN SANDWICH Broccoli & Cheese French Fries Salad w/ Dressing Alternate: Pizza
SWEET & SOUR CHICKEN Salad w/ Dressing Vegetable Fried Rice Stir Fry Vegetables Pudding Cup Alternate: Mini Corndog Bites	STEAK SANDWICH Crinkle Cut Fries Carrot Sticks w/ Ranch Pinto Beans Roll Alternate: Pizza	ROPE SAUSAGE Blackeye Peas Mac & Cheese Turnip Greens Roll Alternate: Corndog	CHEESEBURGER French Fries Salad w/ Dressing Broccoli & Cheese Alternate: Pizza Crunchers	HOTDOG Baked Beans Sweet Potatoes Lettuce & Tomato Alternate: Chicken Sandwich
HOLIDAY	HOLIDAY	HOLIDAY	PIZZA Crinkle Cut Fries Pinto Beans Sliced Carrots Alternate: Corndog	ORANGE CHICKEN English Peas Salad w/ Dressing Roll Pudding Cup Alternate: Corndog Bites
FAJITA CHICKEN WRAP Rice Pilaf Black Beans Lettuce Alternate: Pizza	CHEESEBURGER Baked Beans Sweet Potato Fries Lettuce & Tomato Alternate: Grilled Ham & Cheese	SPAGHETTI W/ MEAT SAUCE Green Beans Salad w/ Dressing Sliced Carrots Garlic Bread Alternate: Hotdog	CRISPITO Corn French Fries Pudding Cup Salsa Alternate: Pizza	CHICKEN WINGS Roasted Potatoes Salad w/ Dressing Animal Crackers Breadstick Alternate: Grilled Cheese Sandwich
STEAK NUGGETS Corn Salad w/ Dressing Roll Alternate: Pepperoni Pizza	CHEESY BREAD Salad w/ Dressing Green Beans Marinara Cup Pudding Cup Alternate: Cheeseburger	COUNTRY STEAK W/ GRAVY Creamed Potatoes Lima Beans Salad w/ Dressing Roll Alternate: Pizza Pocket	PIZZA Green Beans Salad w/ Dressing Roasted Potatoes Salsa Alternate: Crispito	BEEF NACHOS Whole Kernel Corn Salad w/ Dressing Carrot Sticks w/ Ranch Salsa Alternate: Corndog

Served every day:

Fruit - Milk

Menu data from Dale County School District, drawn by schoolmenuapp.com. Menu subject to change.