

BREAKFAST OCTOBER 2026

George W. Long High School

Dale County School District

Monday	Tuesday	Wednesday	Thursday	Friday
			1 POP TART Graham Snacks Fruit Juice	2 SAUSAGE & BISCUIT
5 CEREAL Graham Snacks	6 BREAKFAST BURRITO Fruit Juice	7 MINI FRENCH TOAST Fruit Juice	8 BREAKFAST BAR Graham Snacks Fruit Juice	9 MINI MAPLE PANCAKES
12 HOLIDAY	13 HOLIDAY	14 HOLIDAY	15 CEREAL Graham Snacks	16 CINNAMON TOAST CRUNCH BAR Fruit Juice
19 CEREAL Graham Snacks	20 MUFFIN Graham Snacks Fruit Juice	21 MINI MAPLE WAFFLES Fruit Juice	22 BREAKFAST BAR Graham Snacks Fruit Juice	23 EGG & CHEESE SANDWICH Graham Snacks
26 CEREAL Graham Snacks	27 BREAKFAST PIZZA Fruit Juice	28 MINI CINNIS Fruit Juice	29 POP TART Graham Snacks Fruit Juice	30 SAUSAGE & BISCUIT

Served every day:

Fruit • Milk

Menu data from Dale County School District, drawn by schoolmenuapp.com. Menu subject to change.