

# BREAKFAST OCTOBER 2026

## George W. Long Elementary

Dale County School District

| Monday                                            | Tuesday                                                           | Wednesday                                                   | Thursday                                                                 | Friday                                                               |
|---------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------|
|                                                   |                                                                   |                                                             | <div>1</div> <div>POP TART<br/>Graham Snacks<br/>Fruit Juice</div>       | <div>2</div> <div>SAUSAGE &amp; BISCUIT</div>                        |
| <div>5</div> <div>CEREAL<br/>Graham Snacks</div>  | <div>6</div> <div>BREAKFAST BURRITO<br/>Fruit Juice</div>         | <div>7</div> <div>MINI FRENCH TOAST<br/>Fruit Juice</div>   | <div>8</div> <div>BREAKFAST BAR<br/>Graham Snacks<br/>Fruit Juice</div>  | <div>9</div> <div>MINI MAPLE PANCAKES</div>                          |
| <div>12</div> <div>HOLIDAY</div>                  | <div>13</div> <div>HOLIDAY</div>                                  | <div>14</div> <div>HOLIDAY</div>                            | <div>15</div> <div>CEREAL<br/>Graham Snacks</div>                        | <div>16</div> <div>CINNAMON TOAST CRUNCH BAR<br/>Fruit Juice</div>   |
| <div>19</div> <div>CEREAL<br/>Graham Snacks</div> | <div>20</div> <div>MUFFIN<br/>Graham Snacks<br/>Fruit Juice</div> | <div>21</div> <div>MINI MAPLE WAFFLES<br/>Fruit Juice</div> | <div>22</div> <div>BREAKFAST BAR<br/>Graham Snacks<br/>Fruit Juice</div> | <div>23</div> <div>EGG &amp; CHEESE SANDWICH<br/>Graham Snacks</div> |
| <div>26</div> <div>CEREAL<br/>Graham Snacks</div> | <div>27</div> <div>BREAKFAST PIZZA<br/>Fruit Juice</div>          | <div>28</div> <div>MINI CINNIS<br/>Fruit Juice</div>        | <div>29</div> <div>POP TART<br/>Graham Snacks<br/>Fruit Juice</div>      | <div>30</div> <div>SAUSAGE &amp; BISCUIT</div>                       |

Served every day:

🍎 Fruit • 🥛 Milk

Menu data from Dale County School District, drawn by schoolmenuapp.com. Menu subject to change.